

**CHICO STATE TRACK & FIELD
2004 BEST MARKS-WOMEN**

FINAL

* = NCAA provisional
qualifying mark

100M

12.79 Quiana Starr Sr. 24-Apr

200M

25.94 Ryana Smith So. 24-Apr

26.51 Christiane Kragel Fr. 1-May

26.94 Brianna White Sr. 4-Mar

27.30 Sophia Ruiz Jr. 14-May

28.14 Ashley Rawlins So. 14-May

29.04 Malia Prentice Sr. 4-Mar

400M

57.90 Ryana Smith So. 14-May

58.56 Christiane Kragel Fr. 1-May

800M

2:11.93*R Margaret Pridgen Sr. 1-May

2:12.80* Dallase Scott Jr. 1-May

2:14.85 Vanessa Hanson Sr. 8-May

16:00.00 Katherine Bagwell Fr. 1-May

2:20.34 Hilary Oppido So. 1-May

2:20.37 Melissa Sinclair So. 14-May

2:23.80 Christina Rheingold Jr. 1-May

2:28.36 Christie Wilhelms Fr. 1-May

2:29.81 Sophia Ruiz Jr. 13-Mar

2:31.36 Chelle Bell Fr. 27-Apr

2:41.55 Ashley Rawlins So. 24-Mar

2:43.71 Brianna White Sr. 5-Mar

1500M

4:29.92R* Margaret Pridgen Sr. 30-Apr

4:40.00* Katie Lee Jr. 10-Apr

4:42.29 Sarah Montez Fr. 24-Apr

4:43.31 Jennifer James So. 1-May

4:44.26 Missy Lendl Jr. 10-Apr

4:44.55 Dallase Scott Jr. 17-Apr

4:47.44 Hilary Oppido So. 17-Apr

4:49.32 Andrea Carrillo Jr. 24-Apr

4:52.77 Alicia Wiley So. 24-Apr

4:56.18 Laura Cohen So. 1-May

5:56.58 Aisha Kamala Fr. 8-May

4:57.16 Monique Silva Jr. 24-Apr

4:58.22 Krisit Cangiamilla Sr. 1-May

5:02.98 Christie Wilhelms Fr. 24-Apr

5:14.17 Nancy Cavaletto Fr. 24-Apr

3,000M

9:52.67* Katie Lee Jr. 17-Apr

9:58.56* Missy Lendl Jr. 17-Apr

10:03.89* Jennifer James So. 17-Apr

10:08.56 Margaret Pridgen Sr. 17-Apr

10:19.19 Sarah Montez Fr. 17-Apr

10:23.81 Andrea Carrillo Jr. 17-Apr

10:25.75 Laura Cohen So. 17-Apr

10:32.68 Kristi Cangiamilla Sr. 6-Mar

10:33.85 Alicia Wiley So. 17-Apr

10:43.84 Paige Osborn Jr. 17-Apr

3K continued

10:46.13 Monique Silva Jr. 1-May

10:47.02 Hilary Oppido So. 6-Mar

11:04.49 Aisha Kamala Fr. 6-Mar

11:06.24 Nancy Cavaletto Fr. 17-Apr

11:20.13 Christie Wilhelms Fr. 6-Mar

11:53.88 Hilary Oppido Jr. 6-Mar

5,000M

17:02.39R* Katie Lee Jr. 1-May

17:26.06* Missy Lendl Jr. 3-Apr

17:41.01 Jenifer James So. 3-Apr

17:54.18 Laura Cohen So. 3-Apr

18:04.78 Sarah Montez Fr. 3-Apr

18:06.28 Alicia Wiley So. 1-May

18:13.02 Andrea Carrillo Jr. 3-Apr

18:15.03 Kristi Cangiamilla Sr. 13-Mar

18:23.93 Paige Osborn Jr. 1-May

18:58.48 Monique Silva Jr. 3-Apr

19:28.32 Nancy Cavaletto Fr. 3-Apr

19:33.22 Aisha Kamala Fr. 13-Mar

10,000M

35:23.43* Katie Lee Jr. 26-Mar

35:50.81* Missy Lendl Jr. 23-Apr

37:21.04* Laura Cohen So. 23-Apr

38:34.54 Alicia Wiley So. 14-May

38:48.49 Monique Silva Jr. 14-May

39:07.95 Paige Osborn So. 3-Apr

100M Hurdles

15.24 Brianna White Sr. 13-Mar

16.41 Ryana Smith So. 1-May

16.49 Ashley Rawlins So. 1-May

16.72 Sophia Ruiz Jr. 14-May

17.22 Becky Rankin Sr. 3-Apr

19.14 Malia Prentice Sr. 4-Mar

400m Hurdles

1:08.73 Ryana Smith So. 3-Apr

3K Steeplechase

10:43.93*R Jennifer James So. 30-Apr

10:58.01* Sarah Montez Fr. 1-May

11:08.37* Kristi Cangiamilla Sr. 27-Mar

13:04.25 Christie Wilhelms Fr. 6-Mar

4 X 100

49.73 Kragel, Smith 1-May

Elerick, Starr

4 X 400

3:53.56 R. Smith, V. Hansen 1-May

C. Kragel, D. Scott

HIGH JUMP

5-04.50 Brianna White Sr. 4-Mar

5-04.25 Becky Rankin Sr. 15-May

5-03.00 Ashley Rawlins So. 24-Mar

5-02.50 Sophia Ruiz Jr. 14-May

POLE VAULT

12-01.50* Rachelle Sabo Jr. 8-May

11-03.00 Sarah Weiss So. 10-Apr

10-06.00 Chelsea McGinnis So. 6-Mar

10-06.00 Jocelyn Likens So. 24-Apr

10-00.00 Melissa Moore Jr. 6-Mar

9-01.00 Liz Leyvas Fr. 1-May

LONG JUMP

19-04.25* Quiana Starr Sr. 24-Apr

17-04.75 Jenna Elerick Fr. 15-May

16-07.2 Brianna White Sr. 5-Mar

16-06.50 Sophia Ruiz Jr. 1-May

14-11.00 Malia Prentice Sr. 5-Mar

14-10.25 Ashley Rawlins So. 1-May

TRIPLE JUMP

35-08.00 Sophia Ruiz Jr. 3-Apr

34-07.50 Quiana Starr Sr. 13-Mar

34-04.00 Jenna Elerick Fr. 1-May

SHOT PUT

45-04.25* Melanie Glennen Jr. 17-Apr

44-08.75* Brianne Ferris Jr. 24-Apr

42-09.00 Stephanie Gustus Jr. 1-May

36-0.25 Malia Prentice Sr. 4-Mar

28-11.00 Sophia Ruiz Jr. 1-May

28-02.75 Brianna White Sr. 4-Mar

27-01.00 Ashley Rawlins So. 1-May

DISCUS

157-07.00* Melanie Glennen Jr. 27-Mar

141-09.00* Brianne Ferris Jr. 27-Mar

138-10.00 Stephanie Gustus Jr. 1-May

JAVELIN

115-02 Melanie Glennen Jr. 14-May

103-09.00 Malia Prentice Sr. 13-Mar

103-02.00 Morgan Scott Jr. 24-Apr

95-09 Sophia Ruiz Sr. 15-May

90-10.00 Brianna White Sr. 5-Mar

85-08.00 Ashley Rawlins So. 24-Apr

HAMMER

147-09.00 Melanie Glennen Jr. 17-Apr

142-00.00 Stephanie Gustus Jr. 17-Apr

126-03.00 Jennifer Sturm So. 24-Apr

HEPTATHLON

4262 Brianna White Sr. 5-Mar

4142 Sophia Ruiz Jr. 15-May

3291 Ashley Rawlins Jr. 25-Mar