



<b>1,500 Meter Run</b>			
Dana Bjornsen	4:38.94	1993	FAT
Cynthia Carlson	4:43.95	1992	FAT
Laura Sanchez	4:45.39	1984	FAT
Barbara Sprague	4:46.1	1977	
Sharmagne Gunn	4:46.70	1984	FAT
Silvia Aguirre	4:48.3	1988	
Stephanie Kasa	4:48.5	1991	
Heather Newcom	4:51.95	1997	FAT
Sarah Gibson	4:53.24	1997	FAT
Rene Fontno	4:53.2	1987	

<b>3,000 Meter Run</b>			
Laura Sanchez	9:54.31	1984	FAT
Dana Bjornsen	10:11.66	1993	FAT
Sue Hansen	10:12.0	1988	
Rene Fontno	10:16.6	1987	
Cynthia Carlson	10:25.9	1991	
Lisa Gay	10:27.74	1994	FAT
Tammy Moore	10:32.65	1984	FAT
Sarah Gibson	10:36.46	1998	FAT
Heather Newcom	10:37.95	1997	FAT
Estella Romo	10:38.09	1992	FAT

<b>5,000 Meter Run</b>			
Sue Hansen	17:25.24	1988	FAT
Sharmagne Gunn	17:44.0	1984	
Jill Symons	17:57.5	1979	
Cynthia Carlson	18:06.29	1991	FAT
Lisa Gay	18:06.44	1995	FAT
Tammy Moore	18:09.40	1984	FAT
Sarah Gibson	18:21.64	1997	FAT
Laura Dockery	18:39.14	1997	FAT
Heather Newcom	18:41.47	1997	FAT
Lynnette Ross	18:49.3	1983	

<b>10,000 Meter Run</b>			
Rene Fontno	36:13.71	1987	FAT
Cynthia Carlson	36:30.6	1992	
Sarah Gibson	37:30.63	1997	FAT
Lisa Gay	36:52.73	1994	FAT
Sue Hansen	38:19.5	1989	
Julie Stai	38:50.5	1992	
Gail Coensgen	39:14.8	1983	
Estella Romo	39:27.82	1992	FAT
Tracy Yaddow	39:33.19	1996	FAT
Amy Coutee'	39:41.20	1995	FAT

<b>Shot Put</b>			
Kathy Lisle	47-9	1981	
Dana Williams	46-4 3/4	1989	
Betty Almo	44-8	1984	
Chandra Flinn	42-6 1/2	1998	
Lynn Cannon	40-7 1/2	1972	
Emily Stone	40-11	1971	
Claire Friedrich	39-10	1987	
Dianne Reed	39-0	1986	
Francis Bynum	38-11 3/4	1991	
Nancy O'Donnell	38-10 1/4	1991	

<b>Discus</b>			
Wendy Robinson	159-3	1982	
Constance Spesert	147-8	1990	
Chandra Flinn	141-6	1998	
Dawn Howe	136-9	1997	
Dana Williams	135-10	1989	
Anna Vega	131-3	1996	
Chris Maples	129-2	1992	
Billie Mills	127-5	1994	
Claire Friedrich	125-2	1987	
Bernadette Gilman	124-5	1996	

<b>Javelin</b>			
Cathy Sulinski	176-8 1/2	1980	
Holly Heggli	155-0	1989	
Gina Crews	141-6	1989	
Jean Murphy	135-11	1986	
Tammy Hertenstein	134-4	1986	
Brenda Green	132-6	1984	
Francis Bynum	130-6	1994	
Heather Halliday	128-00	1995	
Brenda Wilson	127-1 1/2	1990	
Janis Diggs	125-2	1989	

<b>Hammer</b>			
Dawn Howe	139-5	1998	
Bernadette Gilman	138-0	1997	
Dana Williams	137-3	1988	
Kate Morris	131-3	1995	
Constance Spesert	127-9	1993	
Chris Maples	112-8	1992	
Mary Godinez	112-5	1997	
Billie Mills	109-11	1994	
Heather Halliday	98-9	1995	

<b>100 Meter Hurdles</b>			
Felicia Harris	13.48	1993	FAT
Deanna Kurth	14.2	1970	
Karin Lyon	14.5	1986	
Sheila Hamilton	14.8	1976	
Janis Diggs	14.9	1989	
Traci Ciapponi	14.91	1990	FAT
Heather Halliday	14.92	1995	FAT
Erin McLaughlin	15.24	1994	FAT
Brenda Wilson	15.33	1990	FAT
Sherri Bertram	15.40	1988	FAT

<b>400 Meter Hurdles</b>			
Wendy Gage	62.85	1987	FAT
Alicia Mercer	63.90	1993	FAT
Golden Sizemore	63.94	1983	FAT
Brenda Green	64.53	1984	FAT
Sherri Bertram	64.83	1989	FAT
Tyana Maddock	65.99	1995	FAT
Natalie Wilhelmson	66.10	1990	FAT
Sara Taylor	66.28	1998	FAT
Sue Deese	66.46	1984	FAT
Tracy Paulsen	66.57	1990	FAT

<b>Heptathlon</b>			
Karin Lyon	4,880	1986	
Erin McLaughlin	4,794	1994	
Brenda Green	4,775	1984	
Heather Halliday	4,735	1995	
Kristy White	4,463	1989	
Mary Ann Baumgarten	4,459	1984	
Brenda Wilson	4,382	1990	
Gina Crews	4,355	1989	
Michaela Henderson	4,270	1997	
Dawn Cecil	4,264	1998	

<b>400 Meter Relay</b>			
Slaughter-Harris	47.26	1993	FAT
McGuigan-McLaughlin			
Lyon-Schwartz-Jones	47.86	1986	FAT
Atkins-Saadati Marden			
Haws-Saadati Marden	47.7	1988	
Gilliland-Lewis			
Wissmath-Miles	47.94	1990	FAT
Holmstrom-Haws			
Wissmath-Miles	48.48	1991	FAT
Butticci-Haws			
Team Unavailable	48.56	1983	FAT
Team Unavailable			
Wissmath-Miles	48.84	1991	FAT
Winn-Haws			
Davis-McLaughlin	48.91	1994	FAT
Barranti-Mercer			
Saadati Marden-Atkins	49.18	1984	FAT
Baumgarten-S.-Jones			
Evans-Saadati-Marden	49.8	1987	
Lewis-Evans			

<b>1,600 Meter Relay</b>			
Wissmath-Winn	3:49.25	1991	FAT
McLaughlin-Miles			
Mc Laughlin-Harris	3:52.71	1993	FAT
Mercer-McGuigan			
Saadati Marden-Lewis	3:55.46	1988	FAT
Gomes-Gilliland			
Gilliland-Gomes	3:56.47	1989	FAT
Cormack-Lewis			
Davis-McLaughlin	3:57.0	1994	
Mercer-Barranti			
Sch-Jones-Baumgarten	3:57.26	1984	FAT
Saad-Marden-McManus			
Miles-Gomes	3:57.1	1990	
Holmstrom-Lewis			
Lewis-Saadati Marden	3:58.40	1987	FAT
Evans-Evans			
Cecil-Cowan	4:04.49	1998	FAT
Leitner-Taylor			