



The 1986 Sacramento Meet of Champions was held at American River College Stadium on Friday, May 9th comencing at 5:00 pm and ending at 8:42pm. 83° at the beginning of the meet, cooling to 70° at the end. All times in hundredths are official Accutrak, others are hand timed. Wind was negative in sprints, hurdles, and the long jump. Meet Directors - Jerry Colman, Steve Fagundes, and Steve Kester.

RESULTS (denotes meet record #)

BOYS

100m

André White	Vallejo	10.97
Curtis Rogers	Johnson	10.99
Devon Goodlow	Edison	11.17
Eddie Vaughn	Foothill	11.18
Ed Stewart	Oroville	11.32
Dave Stebbins	Amador	11.52
Darrell Gardner	Burbank	11.64

200m

Curtis Rogers	Johnson	22.04
Devon Goodlow	Edison	22.16
Rod Frazier	Valley	22.59
Eddie Vaughn	Foothill	22.60
Kevin Coleman	Johnson	23.07
Dave Stebbins	Amador	23.08
Andre White	Vallejo	23.08
John Taylor	Kennedy	23.13
Stacy Marshall	Los Banos	23.9

400m

Gregg Jefferson	Oakmont	48.82
Rod Frazier	Valley	50.09
Stacy Marshall	Los Banos	50.37
Joel Lorenzo	Center	50.51
Keith Goodman	Sacramento	50.58
Troy Brown	C. Brothers	51.10
John Corey	Shasta	51.22
Ken Gurr	Foothill	52.0

800m

Tony Perez	Manteca	1:55.66
Paul Thomas	Jesuit	1:56.59
Todd Lance	Hughson	1:57.03
Rich Zeller	Merced	1:57.11
Dennis Wilson	Lincoln(S)	1:57.78
Barry Woods	Red Bluff	1:58.03
Steve Walker	Casa Roble	1:58.05
Terry Miles	Oroville	1:58.06
Steve Hoelt	Yreka	1:59.7
Lance Rankin	Lassen	1:59.7
Kevin Blazona	Casa Roble	2:04.1

1600m

Tony Perez	Manteca	4:12.7
Paul Thomas	Jesuit	4:12.9
Kevin Blazona	CasaRoble	4:14.6
Mason Myers	Vacaville	4:15.8
Kevin Munoz	Lassen	4:22.6
Tom Estes	Lassen	4:24.6
Jim Thomas	Jesuit	4:29.7
James Avery	Vacaville	4:41.0

3200m

Mason Myers	Vacaville	9:20.7
David Garcez	Merced	9:20.7
Greg Honig	Bella Vista	9:22.5
Jericho Martin	Oroville	9:29.7
Ben Ayres	C.Brothers	9:30.1
Mike Wall	Lassen	9:40.6
Brian McInnes	Cordova	9:44.9
Mike Parrot	Jesuit	9:46.8
Brian Petterson	Casa Roble	9:48.0

110m Hurdles

Albert Pride	Grant	14.36
Jason Munoz	Quincy	14.68
Andy Shaven	Lincoln(S)	14.82
Bernard Ellison	Vallejo	14.89
RichTerwilliger	Oakmont	15.13
Steve Duran	Manteca	15.16
Tim Baker	Oakdale	15.24
Mike Barnes	Elk Grove	15.36
Brad Angove	Nev Union	15.57
Ron Bush	Vacaville	15.59

300m Hurdles

Bernard Ellison	Vallejo	38.06
Andy Shaven	Lincoln(S)	38.80
Albert Pride	Grant	38.88
Jason Munoz	Quincy	39.51
Ron Bush	Vacaville	40.35
Ryan Price	Oakdale	40.54
RichTerwilliger	Oakmont	40.55
Allen Williams	Foothill	41.13

Boys continued

400m Relay

Vallejo	42.02
Foothill	42.32
Merced	42.48
Tokay	42.55
Oroville	42.89
Edison	43.27
Grant	43.70
Elk Grove	43.98

1600m Relay

Merced	3:22.33
Tokay	3:22.66
Foothill	3:23.10
Vallejo	3:23.78
Johnson	3:24.29
Christian Brothers	3:24.9
Elk Grove	3:27.1

Shot Put

Richard Harris	Merced	57'2 $\frac{1}{2}$ "
Robert Van Zandt	Hogan	56'6"
Phil Gentry	Placer	54'8"
Mike Guest	Shasta	54'5 $\frac{1}{2}$ "
David Royce	Tokay	52'0"
Robert Strom	C. Bros.	51'11"
Mike Inglis	St. Marys	51'1 $\frac{1}{2}$ "
Chad Fisk	Davis	49'2 $\frac{1}{2}$ "
Kevin Marks	Nev. Union	48'6"
David Graham	Oakdale	48'1 $\frac{1}{2}$ "

Long Jump

Curtis Rogers	Johnson	24'3 $\frac{1}{4}$ "#
Albert Pride	Grant	22'3 $\frac{3}{4}$ "
Paul Rivera	Oakdale	22'1 $\frac{1}{2}$ "
Steve Prince	Just Siena	21'4 $\frac{1}{2}$ "
John Rivera	Oakdale	21'3 $\frac{3}{4}$ "
Lance Holt	Vacaville	21'3 $\frac{3}{4}$ "
Chris Oldham	Highlands	20'4"
Harley North	Gridley	20'1"

Discus

Eric Weddell	Casa Roble	173'3"
Jason Soares	Gridley	164'3"
Robert VanZandt	Hogan	159'8"
Bill Zanich	Nev. Union	150'3"
Anthony Nunes	Galt	142'6"
Kevin Marks	Nev Union	141'0"
Jason Krough	Casa Roble	138'4"
Richard Harris	Merced	137'9"
Mike Guest	Shasta	137'6"
Charlie Moss	Shasta	135'5"

Triple Jump

Joel Smith	Cordova	47'7 $\frac{1}{4}$ " #
Alfonso Davis	Fairfield	45'5"
Eric Williams	Vallejo	45'3 $\frac{3}{4}$ "
Cedric Boyd	Stagg	45'2 $\frac{1}{4}$ "
Steve Prince	Just Sienna	44'9 $\frac{1}{4}$ "
Berdell Mills	Oroville	44'9"
David Ramey	Davis	44'6 $\frac{1}{2}$ "
John Rivera	Oakdale	44'5 $\frac{3}{4}$ "
Pat Nevins	Enterprise	43'11 $\frac{1}{2}$ "

High Jump

Troy Brown	C. Brothers	6'6 $\frac{1}{4}$ "
Chris Tracy	Nev Union	6'2"
Chris Laquay	Vacaville	6'2"
Pat Nevens	Enterprise	6'2"
Brad Angrove	Nev Union	6'2"
Cedric Boyd	Stagg	6'2"
Dwayne Quinn	Vanden	6'2"
Buddy Fields	Oroville	6'0"
Mike Paul	Del Campo	6'0"

Pole Vault

Rick Gordon	Rio Vista	14'6"
Ed Nicol	Lincoln (S)	13'6"
Lane Polete	Woodland	13'6"
Jeff Coppock	Amador	13'6"

Boys Division

***** 2 Meet Records set in this competition*****

Outstanding Athletes

Track Tony Perez Manteca H.S. Field Curtis Rogers H. Johnson H.S.



GIRLS

100m

Shadon Jones	Hogan	12.30
Rosie Williams	E Nichlau	12.40
Stacey Rogers	Johnson	12.48
Carla Carter	Foothill	12.56
Kelly Johnson	Modesto	12.77
Rhonda Greer	Burbank	12.88
Stacy Ross	Kennedy	12.99
Sheri Morris	Elk Grove	13.0
Dyne Creass	Merced	13.1
Shauna Heinrich	Tokay	13.2

200m

Rosie Williams	ENichlaus	25.30
Shadon Jones	Hogan	25.73
Carla Carter	Foothill	25.87
Daina Ramey	Davis	26.28
Veronica Gandy	Vallejo	26.6
Tasha Griffin	Kennedy	26.6
Rhonda Green	Burbank	28.5

400m

Kitty Ohnemus	Del Campo	57.33#
Shirley Terrel	Vallejo	58.01
Deangela Smith	Valley	58.18
Charmaine Briscoe	Hogan	58.45
Allison Stout	Foothill	59.1
Karilyn Neel	Etna	59.4
Karen Tiner	DelCampo	59.9
Gayle Bracket	Marysvill	60.6
Charlene Parker	Merced	61.1

800m

Ginger Conolly	Atwater	2:19.33
Kitty Ohnemus	DCampo	2:20.39
Carla Heel	Etna	2:20.73
Becky Pepper	Modesto	2:22.67
Theresa Meza	Bella V2	2:22.98
June Untalan	RLinda	2:23.09
Jill Killinger	DelOro	2:23.24
DeeDee Coate	Vacavil	2:26.1
Zubiadh Mayo	Grant	2:36.6

1600m

Megan Warner	DelOro	5:08.69
Betty Chavez	Modesto	5:14.61
Melanie Hiatt	Davis	5:15.21
Wanda Bailey	Fairfield	5:16.56
DeeDee Coate	Vacaville	5:19.80
Stephanie Barret	Plea Valley	5:32.7

3200m

Megan Warner	Del Oro	11:09.6
Julie Dyson	Casa Roble	11:19.0
Wanda Bailey	Fairfield	11:24.4
Stacey Wainwright	Merced	11:25.0
Christi Olivera	West Valley	11:35.4
Ann Kuphaldt	BellaVista	11:45.5
Kim Nemanic	Del Oro	12:02.9
Mary Flinchum	Lassen	12:21.7
Tina Ginn	Lincoln(S)	12:38.4

100m Hurdles

Laurie Smith	Valley	14.88
Chrishelle Johnson	Stagg	15.03
Rhonda Colvin	Vanden	15.09
Tessa Jackson	Foothill	15.28
Tammy Waggoner	Cordova	15.49
Karen Smith	Bella Vista	15.6

300m Hurdles

Laurie Smith	Valley	44.24
Chrishelle Johnson	Stagg	44.88
Rene Cunningham	Central Valley	46.59
Heather Deacon	Bret Harte	47.08
Armanda Dias	Manteca	48.10
Tammy Waggoner	Cordova	48.77
Rhonda Colvin	Vanden	51.8

400m Relay (rerun)

Fairfield	49.4
Kennedy	49.8
Merced	50.1
Pleasant Valle	50.6
Elk Grove	50.7
Foothill	50.8

1600m Relay

Vallejo	3:57.04
Hogan	4:02.13
Foothill	4:02.61
Fairfield	4:06.60
Valley	4:08.4
Enterprise	4:09.2
Etna	4:13.7

Girls continuedRESULTSShot Put

Kim Giguiere	Placer	40'2½"
Martresia Mitchell	Vallejo	40'2"
Nancy Wanamaker	Pleasant Valley	39'8½"
Durelle Schimeck	Nevada Union	38'8"
Traci Lopez	Vacaville	36'4½"
Becky Shepard	Lassen	36'3/4"
Brandi Ross	Manteca	35'2"
Pat Simpson	Vacaville	34'2½"
Mitzi Fillipini	Manteca	33'6 3/4"
Jackie Tables	Vacaville	33'2¼"
Heidi Lawrence	El Camino	32'10"
Mira Taylor	Rio Linda	30'7"

Discus

Pat Simpson	Vacaville	120'5"
Mtra Taylor	Rio Linda	118'6"
Nina Gray	Tokay	114'8"
Brandi Ross	Manteca	113'9"
Charilynn Edwards	Galt	110'0"
Martresia Mitchell	Vallejo	109'4"
Nancy Wanamaker	Pleasant Valley	108'6"
Debbie Pyevach	Loretto	107'9"
Amy Pierce	Lassen	99'1"
Sherri Thomas	Red Bluff	97'5"

Long JumpTriple Jump

Lolita Pile	Highlands	38'1"
Teresa Jackson	Foothill	36'6½"
Kami Tarmin	Chico	35'9 3/4"
Kathy Long	Red Bluff	35'7"
Nicole Nortier	Vacaville	35'6"
Leigh Loeffler	Grac Davis	35'1"
Sabrina Terrel	Vallejo	34'9"
Chrisann Christian	Oroville	33'3"
Melissa Martin	West Valley	32'2"

Jennifer Haws	Pleasant Valley	17'9½"
Angie Evans	Vanden	17'9¼"
Stacey Rogers	Johnson	17'8"
Lolita Pile	Highlands	17'7 3/4"
Melynn Bass	Vacaville	16'11 3/4"
Christie Ahlstead	Oakmont	16'11"
Stephanie Rhoades	Woodland	16'9"
Barbara Lawson	Cent Valley	16'6¼"
Nicole Nortier	Vacaville	16'4¼"
Kami Tarmin	Chico	16'3¼"

High Jump

Michelle Wooten	Bella Vista	5'7¼" #
Christie Ahlstedt	Oakmont	5'6"
Durelle Schimeck	Nevada Union	5'4"
Kris Huhn	Elk Grove	5'2"
Katrina Poloski	Bella Vista	5'2"
Stacy DaGrady	Tokay	5'2"
Lainie Lakata	El Camino	5'2"
Stephanie Rhodes	Woodland	5'0"
Amy Pierce	Lassen	5'0"

Girls Division

***** 3 Meet Records set in this competition*****

Outstanding Athletes

Track - Laurie Smith Valley H.S. Field - Michelle Wooten Bella Vista HS