



The 1987 Sacramento Meet of Champions was held at American River College on Friday, May 8th, commencing at 5:00pm, and ending at 8:12pm. Temperature was in the 90's throughout the meet. All times in hundredths are official Accutrak, others are hand timed. Wind was negative in sprints, hurdles, and the long jump. Meet Directors - Jerry Colman, Steve Fagundes, and Steve Kester.

RESULTS(# denotes meet record)

BOYS

100m

Daren Stringer	Vacaville	10.85
Anthony Williams	River City	10.96
Eddie Vaughn	Foothill	11.01
Devon Goodlow	Tokay	11.21
Darrel Garner	Burbank	11.31
Larry King	Johnson	11.39
Mike Lewis	Tracy	11.41
John Ingram	Turlock	11.43
David Stebbins	Amador	11.44
Anthony Brown	Highlands	11.47

200m

Anthony Williams	River City	21.98
Devon Goodlow	Tokay	22.27
Ronnie Brown	Johnson	22.37
David Stebbins	Amador	22.71
Darrel Garner	Burbank	22.75
Fred Lee	Big Valley	22.84
John Ingram	Turlock	22.94
Davis	Grant	23.57

400m

Ronnie Brown	Johnson	48.53
Jesse Casey	Downey	49.69
Justin Mc Cole	Tracy	49.81
Ed Anderson	Del Campo	50.00
John Nicodemus	Dixon	50.06
David Trujillo	Dixon	50.55
Rich Romero	Tracy	50.59
Derek Miller	Johnson	50.71
Ernie Dillard	Bella Vista	50.99

800m

David Joshua	Johnson	1:55.3
Derek Miller	Johnson	1:55.3
John Hottinger	Nevada Union	1:56.0
Ryan Emunger	Tokay	1:57.5
Art Gonzales	St. Marys	1:58.0
Randy Stevens	Cordova	1:58.5
Chris Pride	Grant	2:00.1
Kevin Bryan	Johnson	2:01.0
Kevin Blazona	Casa Roble	2:01.2

1600m

Paul Thomas	Jesuit	4:16.5
Mike Scbrag	Davis	4:18.5
Chris Bray	Nevada Union	4:18.8
Kevin Blazona	Casa Roble	4:19.7
Mason Meyers	Vacaville	4:20.8
Brian Kingsley	Casa Roble	4:26.7
Kevin Munoz	Lassen	4:27.3

3200m

Paul Thomas	Jesuit	9:18.5
Reggie Williams	River City	9:20.1
Mason Meyers	Vacaville	9:21.1
Mike Parrot	Jesuit	9:25.4
Chip Anderson	Casa Roble	9:27.1
Mario Ron	Modesto	9:27.1

110 Hurdles

Albert Pride	Grant	14.65
Rich Terwilliger	Oakmont	15.06
Diatore Gildersleeve	Grant	15.16
Daryl Johnson	Bella Vista	15.46
Jerry Carter	Modesto	15.48
Jim Roberts	Ceres	15.51
Todd Wilson	Del Campo	15.73
Tony Kinney	Vallejo	15.83
Ernie Billing	Davis	16.29

300m Hurdles

Albert Pride	Grant	38.70
John Prudenti	Justin Sienna	39.13
Rich Terwilliger	Oakmont	39.19
Diatore Gildersleeve	Grant	39.24
Jeff Flemons	Tokay	39.40
Rich Parsons	Elk Grove	40.07
Scott Painter	Del Oro	40.26
David McCallister	El Camino	40.27

SACRAMENTO MEET OF CHAMPIONS - BOY'S RESULTS CON'T.

400m Relay

Tokay	42.26
Johnson	42.56
Merced	42.64
Highlands	42.85
Vallejo	42.91
Burbank	43.26
Valley	43.43
Grant	43.85

1600m Relay

Tokay	3:19.5*
Merced	3:19.5
Elk Grove	3:21.8
Vallejo	3:24.2
Johnson	3:24.4

Shot Put

Phil Gentry	Placer	56'1"
Kevin Marks	Nevada Union	55'11½"
Chad Fisk	Davis	54'6½"
Andy Conner	Yreka	52'11½"
Rashawn James	Enterprise	51'7"
Pat Mair	Red Bluff	51'4"
Kin McPeters	Edison	50'3½"
Darold Gainous	Manteca	48'11½"
Ferric Collons	Jesuit	48'7½"
Jason Krogh	Casa Roble	47'6"

Discus

Chad Fisk	Davis	162'1"
Andy Conner	Yreka	157'3"
Jason Krogh	Casa Roble	154'10"
Dan Deigan	Beyer	154'7"
Keith Scscel	Vacaville	150'0"
Kevin Marks	Nevada Union	151'3"
Pat Mair	Red Bluff	143'7"
Patt Lauridsen	Cordova	141'10"
Kyle Clemens	Willows	141'3"
Chris Carter	Jesuit	133'3"
Kim McPeters	Edison	126'3"

Long Jump

Joel Smith	Cordova	23'1"
Diatore Gildersleeve	Grant	22'1½"
Steve Prince	Justin Sienna	22'½"
Albert Pride	Grant	21'11½"
Rich Van Bibber	Downey	21'9 3/4"
Tony Rogers	Johnson	21'3½"
Eddie Vaughn	Foothill	20'3"
Wayne Martin	Portola	19'6½"

Triple Jump

Joel Smith	Cordova	49'5" *
Diatore Gildersleeve	Grant	46'11½"
Charles Satcher	Hogan	46'4 3/4"
Cedric Boyd	Stagg	44'2½"
Tony Rogers	Johnson	44'2"
Roger Murry	Yreka	42'3"
Derrick Rogers	Burbank	41'1½"

Pole Vault

Ed Quijada	Rio Vista	15'1" *
Lane Polete	Woodland	14'6"
Rick Gordon	Rio Vista	14'0"
Gary Pope	Woodland	14'0"
Paul Cano	Manteca	13'6"
Nelson	Oroville	13'6"
Adam Stratton	Amador	13'6"
Tom Matlock	East Union	13'0"
Tom Padovan	Christian Bros	13'0"
Karl Kalista	River City	12'0"

High Jump

Chris Laquay	Vacaville	6'8½" *
Chris Arentz	Valley	6'4"
Chris Findley	Bella Vista	6'4"
John Curry	Turlock	6'4"
Mike Paul	Del Campo	6'4"
Duane Quinn	Vanden	6'4"
Chris Dorman	Mira Loma	6'4"
Dennis Surp	Turlock	6'2"
Silva	Valley	6'0"
Karl Floyd	Del Oro	6'0"

4 meet records broken in Boy's competition.

Outstanding Field Athlete:

Joel Smith - Cordova

Outstanding Track Athlete:

Paul Thomas - Jesuit

SACRAMENTO MEET OF CHAMPIONS - GIRL'S RESULTS

100m

Chris Williams	Vallejo	U
Shadon Jones	Hogan	N
Donesha Jackson	Turlock	O
Diana Ramey	Davis	F
Stacey Ross	Kennedy	F
Marlene Jackson	Elk Grove	I
Cindy Hill	Tokay	C
Hadassah Henry	Vallejo	A
Sherri Morris	Elk Grove	L
Tonya McLaurin	Highlands	

3200m

Tina Gorbet	Lassen	11:15.1
Julie Verke	St. Francis	11:23.8
Julie Dyson	Casa Roble	11:25.8
Christy Olivera	West Valley	11:36.0
Patrice Myers	Vacaville	11:43.4
Denise Wall	Lassen	11:48.0
Vial	Casa Roble	11:56.3
Michelle Rodda	Vacaville	12:01.0
Heather Eller	Rio Americano	12:07.4

200m

Rosie Williams	East Nicholas	24.62
Stacey Rogers	Johnson	24.82
Chris Williams	Vallejo	25.33
Diana Ramey	Davis	26.31
Kim Shepherd	Woodland	26.46
Stephanie Sampo	Davis	26.51
Hadassah Henry	Vallejo	26.58
Shadon Jones	Hogan	26.62

100m Hurdles

Laurie Smith	Valley	U
Rhonda Colvin	Vanden	N
Lakina Demery	Vallejo	O
Tammy Wagneer	Cordova	F
Chriselle Johnson	Stagg	F
Stephanie Rhodes	Woodland	I
April Allen	Vallejo	C
Jennifer Kinego	Wheatland	A
Jenny Dobbs	Pleasant Vall	L
Michelle Moore	Cordova	

400m

Deangela Smith	Valley	56.44*
Staci Rogers	Johnson	56.81
Stephanie Sampo	Davis	57.54
Tonya Dooley	Bret Harte	58.19
Karen Tiner	Del Campo	59.02
Tracey Phillips	Modoc	59.19
Shirley Terrell	Vallejo	60.13

300m Hurdles

Laurie Smith	Valley	43.75*
Chriselle Johnson	Stagg	44.66
Rhonda Colvin	Vanden	46.26
Marisa Wilderson	Vanden	47.11
Amanda Dias	Manteca	48.26
Tammy Wagneer	Cordova	48.55
Jenny Dobbs	Pleasant Vall	48.80
April Allen	Vallejo	49.05
Michelle Moore	Cordova	49.50

800m

June Untalan	Rio Linda	2:17.8
Gabbie MacKenzie	Dixon	2:17.9
Melanie Hiatt	Davis	2:19.5
Karlynn Neel	Etna	2:19.6
Theresa Meza	Bella Vista	2:20.5
Stephanie Barrett	Pleasant Valley	2:20.6
Evla Thomas	Highlands	2:22.0

400m Relay

Vallejo	48.18
Johnson	48.71
Vanden	49.97
Pleasant Valley	50.16
Beyer	50.21
Tokay	50.30
Davis	50.37
Modoc	51.43

1600m

Melanie Hiatt	Davis	5:08.2
Stephanie Barrett	Pleasant Valley	5:09.0
Becky Collins	West Valley	5:12.3
Gabbie Mackenzie	Dixon	5:15.1
Dee Dee Coate	Vacaville	5:18.1
Mary Flinchum	Lassen	5:20.2

1600m Relay

Valley	3:54.5*
Vallejo	4:02.1
Johnson	4:06.2
Del Campo	4:08.9
Etna	4:10.6
Bret Harte	4:12.7

SACRAMENTO MEET OF CHAMPIONS - GIRL'S RESULTS CON'T

Long Jump

Angie Evans	Vanden	18'¼"
Jennifer Haws	Pleasant Valley	18'¼"
Melynee Bass	Vacaville	17'4 3/4"
Cristy Ahlstead	Oakmont	16'6 3/4"
Sherri Amos	Bella Vista	16'4½"
Joy Jackson	Chico	16'3¼"
Kami Tarman	Chico	16'3"
Stephanie Rhodes	Woodland	16'1 3/4"
Marilyn McCurley	Portola	15'5 3/4"
Tonya McLaurin	Highlands	15'2½"
Kim Lopez	St. Mary's	14'5½"

High Jump

Mary Prince	Paradise	5'7½" *
Natalie Barker	Colfax	5'6"
Angie Evans	Vanden	5'4"
Marilyn McCurley	Portola	5'4"
Julieann Broughton	Armijo	5'2"
Kathy Long	Red Bluff	5'2"
Kim Lopez	St Mary's	5'0"
Cristy Ahlstead	Oakmont	4'10"

Triple Jump

Kami Tarman	Chico	37' 3/4"
Melynee Bass	Vacaville	36'5½"
Kathy Long	Red Bluff	35'11½"
Kim Mallard	Vallejo	34'5½"
Stephanie Rhodes	Woodland	34'3½"
Sherri Amos	Bella Vista	34'0"
Cristy Ahlstead	Oakmont	33'7"
Michelle Rodda	Vacaville	33'1"
Haymore	Tokay	32'5"

Shot Put

Nancy Wannamaker	Pleasant Valley	40'5"
Taylor	Burbank	38'4"
Pat Simpson	Vacaville	38'2"
Traci Lopez	Vacaville	38'2"
Sharon Nichols	Red Bluff	34'9"
Susan Schmidt	Oakmont	34'2½"
SonjaVanWinden	Justin Sienna	34'1"
Sonja Wilform	Modesto	33'8½"
Danna McKinnon	Yreka	31'6½"
Samira Taylor	Grant	31'0"

Discus

Samira Taylor	Grant	132'0"
Debbie Frey	Yreka	128'8"
Traci Lopez	Vacaville	126'7"
Charlin Edwards	Galt	124'8"
Donna McKinnon	Yreka	124'8"
Pat Simpson	Vacaville	122'8"
Chris Maples	Bella Vista	114'10"
Sonja Wilform	Modesto	109'6"
Mary Moran	Downey	109'5"
Nancy Wannamaker	Pleasant Valley	109'3"

4 meet records in Girl's competition

Outstanding Field Athlete:
Mary Prince - Paradise

Outstanding Track Athlete:
Laurie Smith - Valley