



The 1988 Sacramento Meet of Champions was held at American River College on Friday, May 6th comencing at 5:00 pm, and ending at 8:23 pm. Weather was overcast with intermintent rain. Temperature was in the 50's. All times in hundredths are official Accutrak, others are hand-timed. Wind was negative for the sprints, hurdles, and triple jump. Long Jump should be considered wind-aided. Sprints and hurdles should be considered wind legal. Meet Directors - Jerry Colman Steve Fagundes, and Steve Kester.

RESULTS (# denotes meet record)

BOYS

100m

Daren Stringer	Vacaville	10.79
Antonio Nradford	Vacaville	11.11
Arnold Hardy	El Camino	11.12
Ed Stewart	Oroville	11.22
Mike Zimmerman	Orland	11.42
Omar Ridley-Fields	Davis	11.54

200m

Rodney Ellison	El Camino	22.37
Alfonso Lomax	Valley	22.56
Scott Bryan	Placer	22.61
James Williams	Hogan	22.73
O.J. Rosero	Lincol(Stktn)	23.03

400m

Scott Bryan	Placer	49.00
James Williams	Hogan	49.35
Chris Pride	Grant	49.91
Marcus Jackson	Valley	50.45
Steve Alenander	Dixon	50.89

800m

David Weathers	Red Bluff	1:53.6
Derrick Miller	Johnson	1:54.7
Luis Luna	Vavaville	1:56.2
Lance Jackson	Atwater	1:58.3
Joel Winton	Bella Vista	1:59.3
David Miller	Johnson	2:00.5

1600m

Reggie Williams	River City	4:11.1#
Scott Smoot	Vacaville	4:15.6
Gary Keller	Oakmont	4:18.7
Dino Oliveras	Sonora	4:20.3
Roger Woosley	Bella Vista	4:23.0
Jamie Kachmar	Johnson	4:27.3
John Fugler	Del Campo	4:27.8
Chris Flanders	Casa Robles	4:29.9

3200m

Reggie Williams	River City	9:05.1 #
Kevin Holbrrok	Vacaville	9:10.7
Andy Kashuba	Casa Robles	9:21.1
Ben Ayers	Christian Bros.	9:25.0
Dino Oliveras	Sonora	9:34.1
John Leder	Bella Vista	9:34.4
John Haggard	Paradise	9:35.3
Ron Mario	Modesto	9:36.1
Damon Chamberlain	Casa Roble	9:36.5
Cory Davis	Vacaville	9:41.2
Pedro Pena	Merced	9:56.3
Eric taylor	Grant	9:56.9

110 H

Diatori Gildersleeve	Grant	14.50
John Prudenti	Justin Sienna	14.81
Mitchell Ingram	Modesto	14.88
Darrell Johnson	Bella vista	15.09
Shawn Salone	Atwater	15.18
Tony Kenny	Vallejo	15.21
Steve Windham	Vacaville	15.22
Harley North	Gridley	15.23
Ernie Billings	Davis	15.29

300m H

Diatori Gildersleeve	Grant	38.55
Harley North	Gridley	39.53
Steve Windham	Vacaville	39.57
Mitchell Ingram	Modesto	39.81
Randy Parker	Johnson	40.81

400m Relay

Johnson	42.89
El Camino	42.99
Bella Vista	43.11
Burbank	43.59
Oroville	43.59
Edison	43.80
Grant	45.33

BOYS RESULTS - CONT.

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1600m Relay

Johnson	3:20.7
Elk Grove	3:21.7
Valley	3:22.6
Oroville	3:23.4
Hogan	3:25.9
Bella Vista	3:26.7
Grant	3:28.7
Edison	NT

POLE VAULT

Dan Wheeler	Nevada Union	14'3"
Jeremy Moore	Yreka	13'6"
Mike Reeber	Yreka	13'6"
Marc Roddy	Jesuit	13'6"
Karl Kalista	River City	13'0"
Scott January	Pleasant Valley	13'0"
Tim Pust	Modesto	13'0"
Randy Oller	West Valley	13'0"
Sisto	Oakmont	13'0"
Troy Newbold	Elk grove	12'6"

HIGH JUMP

Jason Slater	Colfax	6'5"
Kamani Haaziq	Las Plumas	6'4"
Seagraves	Calaveres	6'2"
Derrick Coker	Mesa Verde	6'2"
Paul Burger	Placer	6'2"
Todd Wilson	Del Campo	6'0"
Glenn Kernick	Rio Americano	6'0"
Simon Felix	Bella Vista	6'0"
Aaron Parker	Placer	6'0"
James Galba	Anderson	6'0"

LONG JUMP

Diatori Gildersleeve	Grant	24'½"
Charles Satcher	Hogan	23'2"
Ed Stewart	Oroville	23'1"
Bill Primbs	Davis	22'6"
Derek Smith	Wheatland	22'5"
Derrick Coker	Mesa Verde	21'4"

TRIPLE JUMP

Diatori Gildersleeve	Grant	48'3 3/4"
Tony Rogers	Johnson	47'4"
Derek Smith	Wheatland	45'4"
Derrick Rogers	Burbank	44'7¼"
Charles Satcher	Hogan	44'2¼"
Ashton Mickens	Bella Vista	43'2½"

SHOT PUT

Chris Carter	Jesuit	57'4½"
Jason Ford	Casa Roble	54'6"
Emmanuel Johnson	El Camino	53'10"
Roger Johnson	Atwater	53'9"
James Camarena	Woodland	51'10½"
Joe Glover	Yuba City	50'9½"
Darold Gainous	Manteca	50'½"
Demian Luper	Justin-Sienna	48'8½"

DISCUS

Demian Luper	Justin-Sienna	168'2"
Chris Carter	Jesuit	163'10"
Emmanuel Johnson	El Camino	162'0"
James Camarena	Woodland	158'1"
Dan Deigan	Beyer	157'10"
Jason Ford	Casa Roble	156'11"
Wade Whitney	Calaveras	146'6"

2 meet records in Boy's competition

Outstanding Field Athlete

Diatori Gildersleeve - Grant

Outstanding Track Athlete

Reggie Williams - River City

SACRAMENTO MEET OF CHAMPIONS - GIRLS RESULTS

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GIRLS100m

Chris Williams	Vallejo	12.39
Mindy Putnam	Orland	12.61
Kwani Stewart	Yuba City	12.84
Millesa Mulvehill	Elk Grove	13.19
Kim Pentz	Orland	13.42
Kathy McNulty	Lincoln(Lcn)	13.71
Monica Johnson	Cordova	13.8

200m

Chris Williams	Vallejo	24.76
Mindy Putman	Orland	25.31
Tanya Dooley	Bret Harte	25.40
Kim Sheppard	Woodland	25.91
Kim Pentz	Orland	27.59

400m

Tanya Dooley	Bret Harte	55.31#
Shirley Terrell	Vallejo	57.31
Nicole Teter	West Valley	57.84
Stephanie Sampo	Davis	59.18
Karen Tiner	Del Campo	59.26
Sashi Weinke	Bret Harte	60.08
Erica Jones	Edison	60.44

800m

Gabbie MacKenzie	Dixon	2:17.4
Denise Walker	Golden Sierra	2:20.9
Michelle Rodda	Vacaville	2:21.3
Jennifer Hewitson	Bella Vista	2:22.3
Beth Darnell	Yreka	2:27.2
Stephanie Moran	Chico	2:27.7
Teryll Ellison	Edison	2:28.3

1600m

Tina Gorbett	Lassen	5:12.7
Christi Olivera	West Valley	5:12.7
Heather Eller	Rio Americano	5:13.4
Barbie Sittman	PLACER	5:17.1
Theresa Meza	Bella Vista	5:19.3
Jennifer Gonzalves	Grace Davis	5:23.1
Liv Williams	Kennedy	5:26.6
Shannon Hanlon	Yreka	5:36.9

3200m

Tina Gorbett	Lassen	11:13.0
Eva Belt	El Dorado	11:15.7
Ann Kuphalt	Bella Vista	11:15.8
Jennifer Homan	Nevada Union	11:28.3
Barbie Sittman	Placer	11:41.4
Emily Sava	Kennedy	11:48.1
Megan Sheehy	Shasta	11:49.4
Kim Nemanic	Del Oro	12:01.6
Sahah Tracy	Davis	12:30.6

100H

Kwin Stewart	Yuba City	14.91
Tanya Smith	Mills(Jr Hi)	15.21
Stephanie Rhoades	Woodland	15.62
Nicole Redmond	Hogan	15.67
Jennifer Eichle	Lodi	15.79
Michelle Silva	Valley	15.93
Raquel Wingert	Yreka	16.03
Michelle Moore	Cordova	16.24

300H

Marisa Wilkerson	Vanden	46.30
Michelle Moore	Cordova	46.71
Angela Diezsi	Burney	46.80
Michelle Stember	St Francis	46.85
Amanda Diaz	Manteca	46.98
Natalie Wilhelmson	Central Valley	47.38
Judy Moore	Turlock	47.79

400m Relay

Vallejo	49.9
Valley	50.5
Elk Grove	50.5
Highlands	50.6
Bret Harte	50.7
Lincoln(Stktn)	50.9
Edison	51.6

1600m Relay

Valley	4:001
West Valley	4:04.3
Davis	4:05.7
Manteca	4:12.0
Bret Harte	4:19.1
Edison	4:23.1

GIRLS RESULTS CONT.

SHOT PUT

Taylor	Burbank	40'5"
Nichols	Red Bluff	39'3"
Samira Taylor	Grant	37'11"
Brooke Flagg	Anderson	37'8"
Donna McKinnon	Yreka	37'6½"
Lorraine Seiler	Oakmont	36'8"
Stephanie Halcrow	Vintage	35'0"
Danyel Mitchell	Vallejo	34'9"
Hahn	Oakmont	33'3½"

DISCUS

Donna McKinnon	Yreka	134'5"
Samira Taylor	Grant	130'6"
Sherlilyn Brown	Rio Americano	121'5"
Sabrina Miles	Vallejo	121'4"
Connie Spesert	Vintage	119'9"
Paula Sarmento	Yreka	106'5"
Janice Law	Lassen	114'9"
Stephanie Halcrow	Vintage	110'8"
Jackie Nasca	Del Campo	98'0"
Sharon Nichols	Red Bluff	96'9"

HIGH JUMP

Mary Prince	Paradise	5'4"
Tanya Smith	Mills(JrHi)	5'4"
Kathy Long	Red Bluff	5'4"
Nikki Taylor	Rio Americano	5'4"
Natalie Barker	Colfax	5'4"
J.C. Proughton	Woodland	5'4"
Jenny Oxford	West Valley	5'0"
Kathy Long	Red Bluff	5'0"
Sherri Caplan	Modesto	4'10"
Sarah Onteo	Bret Harte	4'10"

LONG JUMP

J.C. Broughton	Woodland	17'1½"
Stephanie Rhodes	Woodland	17'0"
Kathy McNulty	Lincoln	16'11"
Monica Johnston	Cordova	16'9½"
Debbie Allen	Anderson	16'1½"
Joy Jackson	Chico	15'11"
Treena Woodward	Edison	15'9"
Tina Alexander	East Union	15'6½"
Tanya McLauren	Highlands	15'4½"

TRIPLE JUMP

Stephanie Rhodes	Woodland	36'5¼"
Kathy Long	Red Bluff	36'4"
Michelle Burt	Valley	36'1½"
Michelle Rodda	Vacaville	35'9"
J.C. Broughton	Woodland	35'6½"
Heather Baker	Colfax	35'4½"
Kim Mallard	Vallejo	34'10"
Kwani Stewart	Yuba City	33'½"
Stacey Liles	Vallejo	32'11"
Heather Myrick	Wheatland	32'9½"

1 meet record in Girl's competition

Outstanding Field Athlete
Stephanie Rhodes - Woodland

Outstanding Track Athlete
Tanya Dooley - Bret Harte