

WEST VALLEY TRACK AND FIELD CHAMPIONSHIPS

WEST VALLEY - MAY 24, 1996

4 X 100 RELAY	PLEASANT VALLEY 44.09	ENTERPRISE 44.16	FOOTHILL 44.24	CHICO 44.59	DURHAM 45.46	SUTTER 45.78
SHOT PUT	MIKE JUDKINS 49'7.25 YREKA	CAMPOS 48' 7 .5" RED BLUFF	A.C. JESSEE 47' 4"CAPITAL C.	RICHARD BAILEY 46'8.5 YREKA	RYAN DUSA 46' 1.25 SUTTER	MIKE CREECH 45' 3.5 CHICO
TRIPLE JUMP	PETER SLATER 45'0.5" PLEASANT VLY	JOEL RICHARD 42'9" DURHAM	THOR VUE 42'8" WILLOWS	COOPER 42'5.5" HERLONG	SKY SNYDER 40'11" FALL RIVER	LEVI TAMAGNI 39'8.5" CORNING
DISCUS	A.C. JESSEE 151'0" CAPITAL C.	RICHARD BAILEY 136'8" YREKA	CHRISTIAN BROCE 136'6" YREKA	NATE DESOMBER 134'5"GRIDLEY	GLENN BERRY 132'9" DURHAM	PETE WALKER 130'6" RED BLUFF
POLE VAULT	TYLER RANDLOPH 14'0" WILLOWS	RON HITTENGER 13'6" YREKA	NICK DEWIT 13'0" YREKA	RYAN MONCHAMP 13'0" BIG VALLEY	SEAN ANDERSON 13'0" YREKA	JOHN BARCELOUX 12'6" WILLOWS
LONG JUMP	PETER SLATER 22'5.5" PLEASANT VY	COOPER 21'0" HERLONG	DAVID LANDINGHAM 20'11.75" CORNING	THOR VUE 20'8" WILLOWS	JOEL RICHARD 20'7.5" DURHAM	MICHAEL DOLL 20'4.75" WEST VY.
1600 METERS	RYAN WADE 4:30.56 CENTRAL VLY	JOSH KEYES 4:34.42 MODOC	DAVID OGILIVE 4:38.64 DELTA	RONNIE FARRAR 4:40.05 CORNING	DAVID GUNN 4:50.52 P.V.	TYLER TAKHASHI 4:54.64 PORTOLA
HIGH JUMP	DAVID LANDINGHAM 6'4" CORNING	JOSE MONTIEL 6'2" WINTERS	MIKE RUFFELL 6'2" ENTERPRISE	JASON PEREZ 6'2" PLEASANT VLY.	ARMON BATISTE 6'2" QUINCY	TRAVIS SOUSA 5'10" ENTERPRISE
400 METERS	ANTHONY BROWN 50.42 FOOTHILL	TYSON LUTENBACHER 50.73 PARADISE	AARON WHITEHEAD 51.20 WEST VALLEY	ERIC LISK 51.59 LASSEN	STEVE HARVEY 52.18 SUTTER	TOM KLURDHY 52.18 PORTOLA
110 HURDLES	DAVID LANDINGHAM 15.05 CORNING	MICHAEL DOLL 15.72 WEST VALLEY	JUSTIN MITTS 15.79 PLEASANT VLY	GARRETT WHITE 15.84 CORNING	JEREMIAH WHEELER 15.93 CENTRAL VLY.	PHILLIP WILLIAMS 15.97 EAST NICOLAL
300 I.HURDLES	DAVID LANDINGHAM 40.23 CORNING	MICHAEL DOLL 40.34 WEST VALLEY	PHIL WILLIAMS 40.80 E. NICOLAUS	SEAN ANDERSON 41.51 YREKA	GARRETT WHITE 42.94 CORNING	ARMON BATISTE 43.06 QUINCY
100 METERS	KEVIN CANTWELL 11.32 DURHAM	MIKE MCGOWAN 11.42 ENTERPRISE	THOR VUE 11.51 WILLOWS	DAVID CHRISTENSON 11.52 QUINCY	ADAM RICH 11.63 MERCY	ANTHONY BROWN 12.93 FOOTHILL
800 METERS	RYAN WADE 1:58.94 CENTRAL VLY	SCOTT BALDWIN 1:59.22 PLEASANT VLY	JAMES WILLIS 1:59.85 RIO VISTA	NATE ATWOOD 2:00.07 YREKA	TODD WESTLUND 2:00.21 FALL RIVER	RYAN SOLANO 2:03.35 YREKA
3200 METERS	AARON GILLEN 9:27.75 YREKA	AARON HARRIS 9:45.29 LASSEN	DAVID BRAUND 9:51.73 WEST VALLEY	JOSH KEYES 10:04.82 MODOC	BRYAN HAYES 10:05.40 PLEAS. VLY	DAN CLINE 10:23.44 DURHAM
200 METERS	KEVIN CANTWELL 23.00 DURHAM	MIKE MCGOWAN 23.05 ENTERPRISE	ROBBY GRIFFEN 23.10 SUTTER	DAN JACKSON 23.35 CHICO	DAVID CHRISTENSON 23.56 QUINCY	TYSON LUTENBACHEF 23.65 PARADISE
4X400 RELAY	PLEASANT VALLEY 3:27.46	FOOTHILL 3:29.75	CHICO 3:30.68	PORTOLA 3:32.78	YREKA 3:35.93	WEST VALLEY 3:36.30

GIRLS

NSCIF/AM/PM ARCO TRACK AND FIELD CHAMPIONSHIPS

WEST VALLEY MAY 24, 1996

4 X 100 RELAY	WEST VALLEY 50.67	SHASTA 51.75	EAST NICOLAUS 51.84	YREKA 53.18	CORNING 53.68	ENTERPRISE 55.59
SHOT PUT	KRISTIN BRYDEN 42'0" ANDERSON	RAVEN JOHNSON 36'6 CORNING	KATHERINE HEFFERNAN 36'1 MERCY	SELENA FOGEL 34'9.5" YREKA	CRAWFORD 34'7 BUTTE VALLEY	GASTON 34'0.50 OROVILLE
TRIPLE JUMP	JESSICA SALTZMAN 35'8.25 BIG VALLEY	JESSICA MICELI 35'5 TRINITY	HEIDI COVINGTON 35'2.75 ANDERSON	HEATHER CONTRERAS 34'10.75 SUTTER	DAWN CECIL 34'8 WILLOWS	NICOLE LAURENT 32'11.25 YREKA
DISCUS	KRISTIN BRYDEN 136'10 ANDERSON	RAVEN JOHNSON 112'3 CORNING	SELENA FOGEL 105'8 YREKA	ERICA KENNEN 105'8 WEST VALLEY	JENNIFER VAN DYKE 105'3 CORNING	TUPOU 96'9 EAST NICOLAUS
POLE VAULT	LAURA ECKLEY 9'0 WEST VALLEY	JENNY WILLIAMS 8'3 - CORNING	ERIKA RIBIERO 7'6 - MODOC	KIRSTEN VLASSAK 7'6 - WEST VALLEY	LLEAH JACKSON 7'0 - BIG VALLEY	STACIE MOZZINI 7'0 WILLOWS
LONG JUMP	MACKLIN HARRIS 17'8 ENTERPRISE	HEIDI COVINGTON 17'3.25 ANDERSON	SUNSHINE KELLEY 16'8.25 RED BLUFF	LLEAH JACKSON 16'3.5 BIG VALLEY	DAWN CECIL 16'3 WILLOWS	JAMIE ANDERSON 15'11.5 YREKA
1600 METERS	** KRISTEN KOPPE 4:59.69 FOOTHILL	ABBY CORTRIGHT 5:14.15 YREKA	KARA HUNN 5:20.15 CENTAL VY.	STACY HAFFNER 5:26.82 WEST VALLEY	MOLLEY ALLES 5:27.46 TRINITY	EIREN GULBRANSEN 5:39.68 PVHS
HIGH JUMP	JESSICA SALTZMAN 5'4 BIG VALLEY	SUSAN SCHAAP 5'4 YREKA	KAYTE CHRISTENSON 5'2 MODOC	DAWN CECIL 5'2 WILLOWS	APRIL JACKSON 5'0 WEST VALLEY	ERICA LAKE 5'0 CHICO
400 METERS	GINNY GREENE 1:00.43 MODOC	JENNY JEFFERIES 1:01.95 WEST VALLEY	AUBREE WILSON 1:02.15 WEST VALLEY	SHERRY MUTERSPAUGH 1:02.43 SHASTA	JACQUE TEAGUE 1:02.51 CHICO	SILVA 1:05.75 BIG VALLEY
100 HURDLES	** TIARA ANDERSON 15.67 WEST VALLEY	REESA PITKIN 16.32 CORNING	REBECCA MINTZ 16.57 EAST NICOLAUS	LAURA ECKLEY 16.66 WEST VALLEY	JESSICA SALTZMAN 16.95 BIG VALLEY	TONYA AMARO 16.99 WILLOWS
300 L.HURDLES	TIARA ANDERSON 46.34 WEST VALLEY	SUNSHINE KELLY 47.84 RED BLUFF	NICOLE CURRAN 47.84 YREKA	JESSICA MICELI 48.33 TRINITY	LAURA ECKLEY 49.38 WEST VALLEY	REESA PITKIN 49.56 CORNING
100 METERS	MACKLIN HARRIS 12.69 ENTERPRISE	SHUFONICA RUDOLPH 12.99 EAST NICOLAUS	CANDI MARYMEE 13.02 MODOC	DAWN CECIL 13.21 WILLOWS	JAMIE ANDERSON 13.26 YREKA	CINDY DENLEY 13.26 PARADISE
800 METERS	KATIE CRABB 2:17.32 - PLEA. VLY	JENEE ERICKSON 2:22.54 WEST VALLEY	AMY HOLMAN 2:22.84 CORNING	CATHERINE BROWN 2:25.99 CHICO	STACY HARNESS 2:28.54 MODOC	LLEAH JACKSON 2:28.62 BIG VALLEY
200 METERS	APRIL JACKSON 26.16 WEST VALLEY	MACKLIN HARRIS 26.42 ENTERPRISE	CANDI MARYMEE 26.88 MODOC	SHUFONICA RUDOLPH 27.37 EAST NICOLAUS	SHERRY MUTERSPAUGH 27.93 SHASTA	LLEAH JACKSON 28.32 BIG VALLEY
3200 METERS	** KRISTEN KOPPE 10:53.78 FOOTHILL	TOT.SOHRAKOFF 11:37.53 WHEATLAND	AMY STRUVE 11:46.11 LASSEN	LOUANN VITELLARO 11:58.54 ANDERSON	MOLLY ALLES 12:10.91 TRINITY	HILAREE HASTON 12:20.06 WEST VALL
4 X 400 RELAY	WEST VALLEY 4:04.34	PLEASANT VALLEY 4:06.35	CHICO 4:06.78	MODOC 4:14.50	SHASTA 4:14.65	YREKA 4:15.10