

BOYS NSCIF TRACK AND FIELD CHAMPIONSHIPS WEST VALLEY - MAY 26, 2000

4 X 100 RELAY	LASSEN 43.03	WHEATLAND 44.72	TRINITY 44.84	WILLIAMS 47.37	COLUSA 47.41	PLEASANTVALLEY 47.82
SHOT PUT	JAKE GOLENOR 52'4 1/4 FOOTHILL	LAMONT POTTER 52'3 1/4 YREKA	DALEMENDENHALL 49'0 3/4 RED BLUFF	RYAN FRANK 48'9 1/2 CHICO	KYLE MAY 48'0 3/4 CORNING	JUAN ARELLANO 45'9 1/4 BIGGS
TRIPLE JUMP	ISSAC CLARK 44'9 LASSEN	MARK MILLER 42'9 CHICO	MIKE DRUMM 42'5 CENTRAL VALLEY	LAWRENCE WRIGHT 42'3 1/2 WHEATLAND	RYAN MUCK 41'6 E. NICOLAUS	JASON JONES 41'0 WEST VALLEY
DISCUS	PHIL HUGHES 159' 10 GRIDLEY	RYAN FRANK 156'0 CHICO	JAKEGOLENOR 153' 11" FOOTHILL	MATT ATTEBERRY 149' 7" L. PLUMAS	BOBBY ZAMORA 148' LASSEN	DALEMENDENHALL 143'6" R. BLUFF
POLE VAULT	TYLER GRAY 13'0 W. VALLEY	JESS VAN DYKE 13'0 W. VALLEY	MIKE RICKLE 12'6 SUTTER	LOUIE WURCH 12'6 ENTERPRISE	BORA ROEUN 11'6 YREKA	SEAN MCWILLIAMS 11'6 RIO VISTA
LONG JUMP	JEFF BILLING 23'5 W. VALLEY	HASHIM COOPER 21'10 HERLONG	ISSAC CLARK 20'9 LASSEN	JONAH RUSSELL 20'7 1/4 C. CHRIS	DAN BENSON 20'2 1/4P VALLEY	MIKE DRUMM 199 C. VALLEY
1600 METERS	MATT SARTOR 4:24.53 ENTERPRISE	STEVEN SPRINGHORN 4:31.92 C. VALLEY	JACOB KLIEBE 4:33.66 PARADISE	JERAMIE CASTELLANOS 4:38.49 WEST VALLEY	SEAN CAHILL 4:39.82 TRINITY	IAN CRAIG 4:53.07 LAS PLUMAS
HIGH JUMP	TEAK WILBURN 6'9 CHICO	SCOTT LOFTUS 6'6 YREKA	DAN BENSON 6'2 PLEASANT VALLEY	PETER BROWN 6'2 COLUSA	ERIC HERRERA 6'0 WINTERS	HASHIM COOPER 5'8 HERLONG
400 METERS	OBI OSUJI 50.31 RED BLUFF	MATT BROWN 51.05 OROVILLE	BRANDON ALLINGER 51.11 CHICO	MATT HORNER 51.98 ANDERSON	SHANNON BERLIN 52.26 DURHAM	JACE KUERSTEN 52.30 CHESTER
110 HURLDES	JASON JONES 15.46 WEST VALLEY wind +0.00	ALAN COHEN 15.50 HERLONG	RYAN MUCK 15.55 E. NICOLAUS	GABE VELASQUEZ 15.71 PLEASANT VALLEY	SHINYA OZAKO 16.30 CHICO	OSCAR NERO 16.32 CORNING
300 I.HURDLES	JASON JONES 39.92 WEST VALLEY	RYAN ZIMMERMAN 40.75 PARADISE	ANDREW FRICKER 40.85 CHICO	RYAN MUCK 41.00 E. NICOLAUS	EDDIE BIANCHI 41.91 LOS MOLINOS	TRAVIS LYNCH 42.34 CORNING
100 METERS	JEFF BILLING 11.08 WEST VALLEY wind +0.00	HASHIM COOPER 11.11 HERLONG	JED FALKOWSKI 11.15 LASSEN	JONAH RUSSELL 11.24 CAPITAL CHRIS	JEFF KRAGEL 11.38 PLEASANT VALLEY	JOEMUNSON 11.50 PLEASANT VALLEY
800 METERS	ROBERT MCNEIL 1:58.29 SUTTER	STEPHEN POHLMEYER 1:59.59 C. VALLEY	DUSTIN DIPPLE 2:01.04 PARADISE	DALLAS LANDERS 2:02.28 P. VALLEY	STEVEN SPRINGHORN 2:03.45 C. VALLEY	JOEY HALLEY 2:04.52 TRITY
3200 METERS	TIM NELSON 9:30.81 LIBERTY CHRIS	MATT SARTOR 9:46.91 ENTERPRISE	JEREMIAH HANKS 9:57.74 ENTERPRISE	BRIAN LARSON 10:01.00 CHICO	BRADY SVLICH 10:14.68 YREKA	JESSE MCLEOD 10:25.10 LASSEN
200 METERS	OBI OSUJI 22.43 RED BLUFF wind +0.00	JED FALKOWSKI 22.60 LASSEN	JONAH RUSSELL 22.81 CAPITAL CHRIS	BADEN FALKOWSKI 23.21 LASSEN	MATT BROWN 23.44 OROVILLE	
4X400 RELAY	WEST VALLEY 3:26.98	LASSEN 3:27.38	CENTRAL VALLEY 3:32.63	CHICO 3A:32.86	CORNING 3:34.78	CHESTER 3:41.58

GIRLS

NSCIF TRACK AND FIELD CHAMPIONSHIPS

WEST VALLEY MAY 26, 2000

	RED BLUFF	PLEASANT VALLEY	CHICO	WEST VALLEY	DURHAM	OROVILLE
4 X 100 RELAY	50.36	50.43	51.11	51.13	53.57	53.66
SHOT PUT	JAMIE HAWKINS 38'2 3/4 BIG VALLEY	ASHLEY CUQUET 37'5 3/4 E. NICOLAUS	RACHEL DARROW 36'10 3/4 CORNING	NELLIE MCGOWAN 34'2 1/4 LASSEN	TRACY SCHOHR 33'3 3/4 GRIDLEY	MICHELLE ROSE 33'1 3/4 RED BLUFF
TRIPLE JUMP	SARAH ICEMAN 36'09 1/4 C. VALLEY	BROOKE MEREDITH 36'08 WEST VALLEY	RACHAEL MINTZ 34'06 E. NICOLAUS	DARCI BURTON 34'04 CORNING	JESSIE JOHNSON 33'7 1/2 TULELAKE	BETTY AVALOS 33'6 1/4 LAS PLUMAS
DISCUS	LACEY OLIVER 123'0 L. MOLINOS	JENNIFER WILLBURN 118'7 WEST VALLEY	KRISTIN COLLINS 115'11 CHICO	NELLIE MCGOWAN 110'9 LASSEN	RACHEL DARROW 107'10 CORNING	REBEKAH RICHERT 103'4 MODOC
POLE VAULT	KATIE ECKLEY 11'6 WEST VALLEY	ALI POLLOCK 10'6 RIO VISTA	BRENDA SHELTON 8'6 YREKA	ANDREA STROCK 8'6 TRINITY	ZEVA KNUCKLES 8'6 WEST VALLEY	MARY ELLEN HUDRON 8'0 DELTA
LONG JUMP	CHRISSY HECKMAN 16'9 3/4 SUTTER	SARAH ICEMAN 16'5 3/4 C. VALLEY	BROOKE MEREDITH 16'4 3/4 WEST VALLEY	KELSEY NERSETH 16'2 1/4 ORLAND	AMIE LEM 15'9 1/2 CHICO	TESSA STELZREIDE 15'2 1/4 CHESTER
1600 METERS	CIARA HARVEY 5:13.02 C.VALLEY	KELLY ORTLIEB 5:17.09 FOOTHILL	BETSY OPPEZZO 5:24.12 SHASTA	MISSY LENDL 5:30.04 FOOTHILL	ALLISON MCCOY 5:57.14 CHESTER	ELIZABETH TEDSEN 6:01.41 MT. SHASTA
HIGH JUMP	BECKY RANKIN 5'6" LAS PLUMAS	MARCI PAULISON 5'2" RED BLUFF	AMY CLEVELAND 5'2" WHEATLAND	JESSIE JOHNSON 5'2" TULELAKE	ASHLEY RAWLINS 5'2" P.V.	AMBER BAKER 5'0" RED BLUFF
400 METERS	DESTINY CEARLEY 60.32 FALL RIVER	MICHELLE VIOLA N.T. ENTERPRISE	NEICY SNADELIN N.T. OROVILLE	KORINA JONES N.T. WEST VALLEY	LETI GOMEZ N.T. CORNING	MELISSA BROWN N.T.CHAMPION CHRIST
100 HURLDES	EMILY AZEVEDO 15.92 CHICO wind +0.00	RACHAEL MINTZ 16.02 E. NICOLAUS	CHRISSY DUVOISIN 16.33 CENTRAL VLY	LEASIA JONES 16.48 OROVILLE	DARCI BURTON 16.53 CORNING	BROOKE MEREDITH 17.02 WEST VALLEY
300 L.HURDLES	BROOKE MEREDITH 47.26 WEST VALLEY	EMILY AZEVEDO 47.26 CHICO	RACHAEL MINTZ 47.79 E. NICOLAUS	JESSICA MCFALL 47.99 YREKA	JOHANNE STEVENS 49.56 BIGGS	NATASHA IWANICK 49.96 SHASTA
100 METERS	KELLI ENOS 12.45 WILLOWS wind +0.00	ALISON GNESIOS 12.86 PORTOLA	MICAH TURNER 12.95 FOOTHILL	RUBY SKINNER 13.08 WHEATLAND	KAYCEE SHREEVE 13.17 WEST VALLEY	KATIE GRABEK 13.30 SHASTA
800 METERS	ALEAH HOWINGTON 2:19.17 FOOTHILL	CINDY DAWSON 2:20.14 YREKA	DORI DUFFY 2:25.13 LASSEN	ASHLEY COREY 2:29.71 FOOTHILL	ABBY MCARTHUR 2:32.80 FALL RIVER	GRACE MOORE 2:38.84 WESTWOOD
200 METERS	KELLI ENOS 25.38 WILLOWS wind +0.00	MOLLY STINSON 26.08 RED BLUFF	ALISON GNESIOS 26.44 PORTOLA	MICAH TURNER 26.84 FOOTHILL	BETTY AVALOS 27.11 LAS PLUMAS	DESTINY CEARLEY 27.25 FALL RIVER
3200 METERS	ALLE PORTER 11:15.05 DUSMUIR	CANDACE JOSEPH 11:36.91 FOOTHILL	LIZ CAMY 12:02.83 CHICO	CIARA HARVEY 12:13.20 C. VALLEY	RACHEL HASTINGS 12:39.23 FOOTHILL	ELIZABETH TEDSEN 13:14.09 MT. SHASTA
4 X 400 RELAY	FOOTHILL 4:07.35	PLEASANT VALLEY 4:07.78	CENTRAL VALLEY 4:14.97	CORNING 4:15.46	ENTERPRISE 4:18.53	OROVILLE 4:26.74