

N.A.L. CROSS COUNTRY CHAMPIONSHIPS West Valley Nov. 3, 1994

VARSITY GIRLS

Overall Results

PLACE	TIME	PACE	NO.	D	NAME	SCHOOL
=====	=====	=====	=====	=	=====	=====
1	0:18:49	6:16	857	4	JENNY SPOON	WEST VALLEY
2	0:18:53	6:18	472	3	KRISTEN KOPPES	FOOTHILL
3	0:19:17	6:26	875	4	GINA BLANCHARD	YREKA
4	0:19:26	6:29	423	2	LOUANN VITELLARO	ANDERSON
5	0:19:59	6:40	446	4	CHRISTINA PEACOCK	CENTRAL VLY
6	0:20:32	6:51	444	4	CARIE IRWIN	CENTRAL VLY
7	0:20:37	6:52	845	3	KAREN BALDWIN	WEST VALLEY
8	0:20:40	6:53	414	1	CANDI ANDREWS	ANDERSON
9	0:20:41	6:54	828	4	CHRISTY WHEELER	SHASTA
10	0:20:43	6:54	442	2	KARA HUNN	CENTRAL VLY
11	0:20:48	6:56	443	2	CLAIRE HUNTER	CENTRAL VLY
12	0:20:54	6:58	877	3	NICOLE CURRAN	YREKA
13	0:21:00	7:00	441	2	HILLERY GEMMILL	CENTRAL VLY
14	0:21:12	7:04	849	3	STACY HAFFNER	WEST VALLEY
15	0:21:20	7:07	848	3	SHANNA DURAND	WEST VALLEY
16	0:21:21	7:07	850	1	HILAREE HASTON	WEST VALLEY
17	0:21:23	7:08	882	2	CINDY HAM	YREKA
18	0:21:24	7:08	847	1	SARAH DUCLOS	WEST VALLEY
19	0:21:29	7:10	823	3	NANCY CASE	SHASTA
20	0:21:29	7:10	421	1	STACY PETERSON	ANDERSON
21	0:21:31	7:10	447	3	BARBARA STOLZOFF	CENTRAL VLY
22	0:21:50	7:17	886	2	RAMONA NEITSCH	YREKA
23	0:21:57	7:19	825	3	SHELLY MYERS	SHASTA
24	0:22:00	7:20	891	2	CARRIE YOUNG	YREKA
25	0:22:05	7:22	878	1	ERICA ELLINGSON	YREKA
26	0:22:13	7:24	474	3	JILL McLEAN	FOOTHILL
27	0:22:21	7:27	419	4	JONI GUTIERREZ	ANDERSON
28	0:22:31	7:30	445	2	LORI KLUCK	CENTRAL VLY
29	0:23:03	7:41	415	4	TRACI BENOIT	ANDERSON
30	0:23:05	7:42	889	4	CARA SCOTT	YREKA
31	0:23:27	7:49	853	4	LINDSAY JOHNSON	WEST VALLEY
32	0:23:53	7:58	458	2	LISA MOORE	ENTERPRISE
33	0:23:57	7:59	475	1	BROOKE SZODY	FOOTHILL
34	0:24:02	8:01	456	3	JOELLE LOVERDE	ENTERPRISE
35	0:24:11	8:04	820	4	ELAINE BAKER	SHASTA
36	0:24:36	8:12	454	4	MEAGAN GOOLD	ENTERPRISE
37	0:24:52	8:17	457	3	CORY McVEY	ENTERPRISE
38	0:25:05	8:22	471	3	CARRIE CUENCA	FOOTHILL
39	0:25:18	8:26	827	3	CHRISTINE PATTEN	SHASTA
40	0:26:07	8:42	453	4	LORI FORSETH	ENTERPRISE
41	0:26:26	8:49	473	4	AMY McLEAN	FOOTHILL
42	0:27:08	9:03	417	3	GAYLEEN DARTING	ANDERSON
43	0:28:58	9:39	821	3	JEANNE BRUTLAG	SHASTA
44	0:30:06	10:02	459	4	KIRSTEN WILLIAMS	ENTERPRISE

New record. Old record 0:19:05 by AMY HALLBAUER of PLEASANT VALLEY in 1993

NORTHERN ATHLETIC LEAGUE CROSS COUNTRY CHAMPIONSHIPS

Nov. 3, 1994

VARSITY GIRLS

Team Results

1. CENTRAL VLY 5 6 10 11 13 = 45
CHRISTINA PEACOCK, CARIE IRWIN, KARA HUNN, CLAIRE HUNTER,
HILLERY GEMMILL, BARBARA STOLZOFF, LORI KLUCK
2. WEST VALLEY 1 7 14 15 16 = 53
JENNY SPOON, KAREN BALDWIN, STACY HAFFNER, SHANNA DURAND,
HILAREE HASTON, SARAH DUCLOS, LINDSAY JOHNSON
3. YREKA 3 12 17 22 24 = 78
GINA BLANCHARD, NICOLE CURRAN, CINDY HAM, RAMONA NEITSCH,
CARRIE YOUNG, ERICA ELLINGSON, CARA SCOTT
4. ANDERSON 4 8 20 27 29 = 88
LOUANN VITELLARO, CANDI ANDREWS, STACY PETERSON, JONI GUTIERREZ,
TRACI BENOIT, GAYLEEN DARTING
5. SHASTA 9 19 23 35 39 = 125
CHRISTY WHEELER, NANCY CASE, SHELLY MYERS, ELAINE BAKER,
CHRISTINE PATTEN, JEANNE BRUTLAG
6. FOOTHILL 2 26 33 38 41 = 140
KRISTEN KOPPEES, JILL McLEAN, BROOKE SZODY, CARRIE CUENCA,
AMY McLEAN
7. ENTERPRISE 32 34 36 37 40 = 179
LISA MOORE, JOELLE LOVERDE, MEAGAN GOOLD, CORY McVEY,
LORI FORSETH, KIRSTEN WILLIAMS

VARSITY BOYS

Overall Results

PLACE	TIME	PACE	NO.	D	NAME	SCHOOL
=====	=====	=====	=====	=====	=====	=====
1	0:15:34	5:11	468	4	GABE SZODY	FOOTHILL
2	0:15:53	5:18	865	3	AARON GILLEN	YREKA
3	0:16:50	5:37	869	4	DAMON SHIELDS	YREKA
4	0:17:05	5:42	867	4	GREGG NEITSCH	YREKA
5	0:17:19	5:46	864	4	MARK FERLATTE	YREKA
6	0:17:22	5:47	464	4	AARON NORMAN	FOOTHILL
7	0:17:26	5:49	873	4	KEN YATES	YREKA
8	0:17:26	5:49	812	2	JESSE MULLENS	SHASTA
9	0:17:28	5:49	465	4	ERIC ORTLIEB	FOOTHILL
10	0:17:34	5:51	807	4	YAMACH HERNANDEZ	SHASTA
11	0:17:34	5:51	433	3	CHRIS MILES	CENTRAL VLY
12	0:17:38	5:53	843	4	JASON RICE	WEST VALLEY
13	0:17:47	5:56	868	3	JOHN ROSSITER	YREKA
14	0:17:53	5:58	838	4	RICKY PANIAGUA	WEST VALLEY
15	0:18:02	6:01	440	3	KEVIN YATES	CENTRAL VLY
16	0:18:05	6:02	842	3	CODY REINHARDT	WEST VALLEY
17	0:18:09	6:03	451	4	ED HUSKEY	ENTERPRISE
18	0:18:12	6:04	435	3	JESSE OTTINGER	CENTRAL VLY
19	0:18:12	6:04	811	4	BRIAN MORRIS	SHASTA
20	0:18:24	6:08	837	3	RICK LOVE	WEST VALLEY
21	0:18:36	6:12	405	4	NEAL FLUHRER	ANDERSON
22	0:18:36	6:12	426	4	JEFF GAMBLIN	CENTRAL VLY
23	0:18:39	6:13	429	4	TRAVIS LYON	CENTRAL VLY
24	0:18:45	6:15	461	1	JASON GOLENOR	FOOTHILL
25	0:18:45	6:15	450	4	SPENCER DeMARCO	ENTERPRISE
26	0:18:46	6:15	460	3	ERIC DRAZICH	FOOTHILL
27	0:19:00	6:20	835	3	RYAN JACKSON	WEST VALLEY
28	0:19:04	6:21	448	3	BRANDON CARGILE	ENTERPRISE
29	0:19:07	6:22	436	3	MATT POHLMAYER	CENTRAL VLY
30	0:19:08	6:23	804	3	GABE BROWN	SHASTA
31	0:19:08	6:23	424	4	RON CHAMBERS	CENTRAL VLY
32	0:19:18	6:26	481		ALBERTO LEYRA	RED BLUFF
33	0:19:19	6:26	406	4	THERON HANSEN	ANDERSON
34	0:19:25	6:28	466	3	PAUL ROCHFORD	FOOTHILL
35	0:19:30	6:30	499		JULIE VAN BUSKIRK	RED BLUFF
36	0:19:30	6:30	490		STEVE PETERSON	RED BLUFF
37	0:19:32	6:31	860	1	NATHAN ATWOOD	YREKA
38	0:19:32	6:31	862	1	SEAN COMSTOCK	YREKA
39	0:19:37	6:32	452	2	SCOTT MAGRINNI	ENTERPRISE
40	0:19:40	6:33	833	4	SHANE DUCLOS	WEST VALLEY
41	0:19:55	6:38	831	3	AARON CHRISTOPHER	WEST VALLEY
42	0:19:57	6:39	893	4	JOHN DIXON	RED BLUFF
43	0:19:58	6:39	817	3	ROSS WOOD	SHASTA
44	0:20:01	6:40	409	3	JIMMY McFADDEN	ANDERSON
45	0:20:04	6:41	470	4	JASON ZAPPE	FOOTHILL
46	0:20:08	6:43	844	3	NATHAN SHYE	WEST VALLEY
47	0:20:11	6:44	432	3	ADAM MEYER	CENTRAL VLY
48	0:20:12	6:44	431	3	DUKE MARLAR	CENTRAL VLY
49	0:20:13	6:44	402	4	PAUL BIAS	ANDERSON
50	0:20:17	6:46	469	3	JAKE WHITTAKER	FOOTHILL
51	0:20:21	6:47	815	4	BEN TRENARY	SHASTA
52	0:20:25	6:48	486		JEFF MORRIS	RED BLUFF
53	0:20:33	6:51	816	4	JESSIE WEBB	SHASTA

GODHI CASTROPA

Overall Results

PLACE	TIME	PACE	NO.	D	NAME	SCHOOL
=====	=====	=====	=====	=	=====	=====
54	0:20:41	6:54	806	3	DAN GIRDWOOD	SHASTA
55	0:20:43	6:54	463	4	ANDREW MONIE	FOOTHILL
56	0:20:44	6:55	861	3	BEN CARTER	YREKA
57	0:20:52	6:57	810	3	JEREMIAH MARTIN	SHASTA
58	0:21:20	7:07	479		TOM HIRSCH	RED BLUFF
59	0:21:26	7:09	863	3	SHAWN DUNNING	YREKA
60	0:21:32	7:11	425	4	JONATHAN EBEN	CENTRAL VLY
61	0:21:50	7:17	870	3	JACK SKEAHAN	YREKA
62	0:22:19	7:26	412	4	RYAN SARGEANT	ANDERSON
63	0:23:33	7:51	496		PAUL WRIGHT	RED BLUFF
64	0:23:37	7:52	403	4	DEWAYNE CLARK	ANDERSON
65	0:29:57	9:59	494		JOSH SMELTZ	RED BLUFF

Nov. 3, 1994

Team Results

1. YREKA 2 3 4 5 7 = 21
AARON GILLEN, DAMON SHIELDS, GREGG NEITSCH, MARK FERLATTE,
KEN YATES, JOHN ROSSIER, NATHAN ATWOOD
2. FOOTHILL 1 6 9 23 24 = 63
GABE SZODY, AARON NORMAN, ERIC ORTLIEB, JASON GOLENOR,
ERIC DRAZICH, PAUL ROCHFORD, JASON ZAPPE
3. CENTRAL VLY 11 15 17 21 22 = 86
CHRIS MILES, KEVIN YATES, JESSE OTTINGER, JEFF GAMBLIN,
TRAVIS LYON, MATT POHLMAYER, RON CHAMBERS
4. WEST VALLEY 12 14 16 19 25 = 86
JASON RICE, RICKY PANIAGUA, CODY REINHARDT, RICK LOVE,
RYAN JACKSON, SHANE DUCLOS, AARON CHRISTOPHER
5. SHASTA 8 10 18 27 38 = 101
JESSE MULLENS, YAMACH HERNANDEZ, BRIAN MORRIS, GABE BROWN,
ROSS WOOD, BEN TRENARY, JESSIE WEBB
6. RED BLUFF 29 32 33 37 43 = 174
ALBERTO LEYRA, JULIE VAN BUSKIRK, STEVE PETERSON, JOHN DIXON,
JEFF MORRIS, TOM HIRSCH, PAUL WRIGHT
7. ANDERSON 20 30 39 41 46 = 176
NEAL FLUHRER, THERON HANSEN, JIMMY McFADDEN, PAUL BIAS,
RYAN SARGEANT, DEWAYNE CLARK