

## 2013 Beaver Relays - 3/1/2013 to 3/2/2013

ARC  
Results

## Women 100 Meter Dash

Name	Year School	Finals	Wind	H#
Finals				
1 Inanna Felicity	Laney	12.04	1.5	1
2 Marki Middleton	Sequoias	12.40	1.5	1
3 Kristina Busby	Siskiyou	12.60	1.5	1
4 Jahmisha Nelson	Sacramento	12.87	1.5	1
5 Vontreasa Beaver	Sacramento	12.93	1.5	1
6 Stantasia Dossman-Bishop	Laney	13.08	NWI	2
7 Ashley Reddic	American River	13.27	1.5	1
8 Unique Eley	Modesto	13.27	NWI	2
9 Jasmine LaBry	Modesto	13.29	1.5	1
10 Ashley Stubbs	American River	13.36	1.5	1
11 Ashlee Jones	Modesto	13.40	NWI	2
12 Jamika Davis	Siskiyou	13.42	1.5	1
13 Adrienne Roane	Feather River	13.49	1.5	1
14 Ellen Jeffers	Butte	13.87	NWI	2
15 Hailey Cooley	American River	13.88	NWI	2
16 Mercedes Smelser	Siskiyou	14.14	NWI	2
17 Nicole Lafleur	American River	14.60	NWI	2
18 Lache Smith	American River	16.26	NWI	2

## Women 200 Meter Dash

Name	Year School	Finals	Wind	H#
1 Kortni Symers-Jones	Laney	25.71	-1.6	1
2 Jasiri Blake	Laney	25.77	-1.6	1
3 Michaela Pino	Sacramento	26.49	-1.6	1
4 Kristina Busby	Siskiyou	26.90	-1.6	1
5 Jennifer Goacher	Siskiyou	26.92	-1.6	1
6 Aliyah Wilkins	Merritt	27.22	-1.6	1
7 Larrisha Beaver	Sacramento	27.47	-1.6	1
8 Vontreasa Beaver	Sacramento	27.81	-1.6	1
9 Lorrynn Dozier	Laney	28.27	-2.9	2
10 Jhavier Curry	Merritt	28.60	-2.9	2
11 Unique Eley	Modesto	28.97	-2.9	2
12 Katelyn Tambornini	Santa Rosa	29.09	-2.9	2
13 Adrienne Roane	Feather River	29.50	-2.9	2
14 Ashlee Jones	Modesto	29.79	-2.9	2
15 Makaylah Wright	Feather River	30.11	-2.9	2
16 Mercedes Smelser	Siskiyou	31.34	-2.9	2
17 Arneitra Robinson	Merritt	32.50	-2.9	2

## Women 800 Meter Run

Name	Year School	Finals	H#
1 Devany Gutierrez	Diablo Valley	2:30.78	2
2 O'Naria Perez	Sacramento	2:31.19	1
3 Natalie Berania	American River	2:31.23	2
4 Rosie Reyes	Butte	2:31.54	1
5 Janika Pegram	Sacramento	2:33.88	1
6 Kali Federwisch	Diablo Valley	2:36.78	2
7 Tara Christopherson	American River	2:38.56	1

**2013 Beaver Relays - 3/1/2013 to 3/2/2013****ARC  
Results****...Women 800 Meter Run**

8	Maday Padilla	Modesto	2:38.64	1
9	Karina Carrillo	Butte	2:47.82	1
10	Kaitlyn James	Modesto	2:48.07	2
11	Maria Rojo	American River	2:50.69	2
12	Tiye Brown	Merritt	2:51.79	2
13	Yuli Landeros	Sacramento	2:51.96	2
14	Marimar Popoca	Sequoias	2:52.86	1
15	Tanaya Belone	Butte	2:54.43	1
16	Gabby Escobedo	Modesto	2:56.10	1
17	Jenna Stansbury	Butte	3:19.67	2

**Women 1500 Meter Run**

Name	Year	School	Finals	H#	
1		Gabriela Zamora	Sequoias	5:15.42	1
2		Rosie Reyes	Butte	5:18.04	1
3		Cecilia Carretero	Modesto	5:21.11	1
4		Karina Ruiz	Modesto	5:22.71	1
5		Kelly Birkland	Santa Rosa	5:24.57	2
6		Devany Gutierrez	Diablo Valley	5:31.55	2
7		Marina Lecoecuche	Santa Rosa	5:32.24	2
8		Victoria Dwyer	Santa Rosa	5:32.33	2
9		Luz Sanchez	Santa Rosa	5:32.46	2
10		Kali Federwisch	Diablo Valley	5:34.50	2
11		Janika Pegram	Sacramento	5:35.47	1
12		Kaitlyn James	Modesto	5:38.65	1
13		Beatrice Caffè	Redwoods	5:39.74	1
14		Maria Rojo	American River	5:40.98	1
15		O'Naria Perez	Sacramento	5:41.68	1
16		Elizabeth Duncan	Redwoods	5:42.07	2
17		Karina Carrillo	Butte	5:49.95	1
18		Cynthia Sanchez	Sequoias	5:55.23	2
19		Tanaya Belone	Butte	5:59.11	1
20		Daniella Martinez-Camach	Sequoias	6:00.37	2
21		Sonia Pabloff	Shasta	6:07.01	2
22		Yuli Landeros	Sacramento	6:10.88	1
23		Jenna Stansbury	Butte	6:52.89	2

**Women 5000 Meter Run**

Name	Year	School	Finals	
1		Elizabeth Hiers	Sacramento	19:25.77
2		Emma Schoenstein	Diablo Valley	19:54.77
3		Shelby Vollmer	Sacramento	20:54.49
--		Kelsey Lucas	Sacramento	DNF

**Women 100 Meter Hurdles Relay**

Name	Year	School	Finals	Wind	
1		Ziel Davis	Sacramento	14.81	3.6
2		Mariah Earl	American River	16.09	3.6
3		Hailey Cooley	American River	16.83	3.6

**2013 Beaver Relays - 3/1/2013 to 3/2/2013****ARC  
Results****...Women 100 Meter Hurdles Relay**

4	Danielle Lickey	Sequoias	17.36	3.6
5	Autumn Edgar	American River	17.43	3.6
6	Amanda Larson	Butte	18.19	3.6
7	Shyanne West	Diablo Valley	22.96	3.6

**Women 400 Meter Hurdles Relay**

Name	Year School	Finals
1 Autumn Edgar	American River	1:08.75
2 Ashley Stubbs	American River	1:10.04
3 Jhavier Curry	Merritt	1:14.48
4 Shyanne West	Diablo Valley	1:15.79
5 Hailey Cooley	American River	1:18.87

**Women 3000 Meter Steeplechase**

Name	Year School	Finals
1 Alexa Lua	American River	11:40.67
2 Gina Wood	American River	11:53.46
3 Jocelyn Stillwell	American River	12:24.73
4 Cheyenne Drury	American River	12:24.77
5 Jocelyn Schmidt	American River	13:15.62
6 Zoe Worobel	American River	13:17.03
7 Mikaela Sawaya	Yuba	14:27.36

**Women 4x100 Meter Relay**

School	Finals
1 Laney 'A'	47.57
2 Sacramento 'A'	49.19
3 Sequoias 'A'	50.14
4 American River 'A'	50.90
5 Siskiyou 'A'	51.97
6 Modesto 'A'	53.80

**Women 4x110 Yard Relay**

School	Finals
1 Shasta 'A'	1:06.18

**Women 4x200 Meter Relay**

School	Finals
1 American River 'A'	2:01.78

**Women 4x400 Meter Relay**

School	Finals
1 Modesto 'A'	4:11.25

**2013 Beaver Relays - 3/1/2013 to 3/2/2013****ARC  
Results****...Women 4x400 Meter Relay**

2 American River 'B'	4:21.92
3 Shasta 'A'	4:28.69
4 American River 'C'	4:29.45

**Women 4x800 Meter Relay**

School	Finals
1 Modesto 'A'	9:55.47
2 American River 'A'	10:15.10
3 Sequoias 'A'	11:12.97

**Women 1600 Sprint Medley**

School	Finals
1 Sequoias 'A'	4:14.41
2 American River 'A'	4:18.84
3 Shasta 'A'	4:47.74

**Women Distance Medley**

School	Finals
1 Sequoias 'A'	12:40.62
2 Modesto 'A'	13:01.79
3 Diablo Valley 'A'	13:51.09
4 American River 'A'	13:54.60
5 Santa Rosa 'A'	14:03.62

**Women High Jump Relay**

Name	Year	School	Finals
1 Mahogany Stitt		Sacramento	1.69m 5-06.50
2 Luisa Mcinnis		Santa Rosa	1.64m 5-04.50
3 Lauren Magneson		Butte	1.59m 5-02.50
4 Tricia Stewart		Laney	1.54m 5-00.50
5 Courtney Tuck		Santa Rosa	J1.54m 5-00.50
6 Krystal Rodrick		Sacramento	1.44m 4-08.75
6 Lea Butler		Santa Rosa	1.44m 4-08.75
8 Lauren Duval		Shasta	1.39m 4-06.75
8 Kyra Kunimura		Sacramento	1.39m 4-06.75
10 Kiana Pedraza		Yuba	J1.39m 4-06.75
-- Autumn Edgar		American River	FAIL

**Women Pole Vault Relay**

Name	Year	School	Finals
1 Siena Morgan		American River	3.24m 10-07.50
2 Lea Butler		Santa Rosa	J3.24m 10-07.50
3 Florence Carroll		Diablo Valley	2.34m 7-08.00
3 Amanda Larson		Butte	2.34m 7-08.00
-- Ryan Fogel		Shasta	NH

## 2013 Beaver Relays - 3/1/2013 to 3/2/2013

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## Women Long Jump Relay

Name	Year School	Finals	Wind
1 Jahmisha Nelson	Sacramento	5.25m	NWI 17-02.75
2 Kortni Symers-Jones	Laney	4.94m	NWI 16-02.50
3 Tricia Stewart	Laney	4.86m	NWI 15-11.50
4 Mahogany Stitt	Sacramento	J4.86m	NWI 15-11.50
5 Krystal Rodrick	Sacramento	4.80m	NWI 15-09.00
6 Olesya Khokhlan	American River	4.76m	NWI 15-07.50
7 Kyra Kunimura	Sacramento	4.65m	NWI 15-03.25
8 Latifah Creer	Siskiyou	4.47m	NWI 14-08.00
9 Ellen Jeffers	Butte	4.46m	NWI 14-07.75
10 Stantasia Dossman-Bishop	Laney	4.33m	NWI 14-02.50
11 Melissa Ringer	American River	4.18m	NWI 13-08.75
12 Shyanne West	Diablo Valley	4.14m	NWI 13-07.00
-- Lache Smith	American River	FOUL	

## Women Triple Jump Relay

Name	Year School	Finals	Wind
1 Mahogany Stitt	Sacramento	10.66m	NWI 34-11.75
2 Olesya Khokhlan	American River	10.61m	NWI 34-09.75
3 Kyra Kunimura	Sacramento	10.54m	NWI 34-07.00
4 Krystal Rodrick	Sacramento	10.45m	NWI 34-03.50
5 Lea Butler	Santa Rosa	10.39m	NWI 34-01.25
6 Shyanne West	Diablo Valley	10.00m	NWI 32-09.75
7 Mariah Earl	American River	9.97m	NWI 32-08.50
8 Latifah Creer	Siskiyou	9.88m	NWI 32-05.00
9 Melissa Ringer	American River	9.58m	NWI 31-05.25

## Women Shot Put Relay

Name	Year School	Finals
1 Katlyne Brummett	Shasta	11.77m 38-07.50
2 Stephanie Hahn	Yuba	10.31m 33-10.00
3 Brianna Mayfield	Yuba	9.99m 32-09.50
4 Priscilla Masten	Shasta	9.85m 32-03.75
5 Chrissa Rogers	Sacramento	9.65m 31-08.00
6 Xela Van Dyke	Sacramento	9.46m 31-00.50
7 Cleopatra Henri	Sacramento	9.45m 31-00.00
8 Jennifer Rogers	Butte	9.33m 30-07.50
9 Nandi Gamboa	Laney	9.32m 30-07.00
10 Breanne Buckles	Yuba	9.21m 30-02.75
11 Morgan Mora	Shasta	9.10m 29-10.25
12 Malissa Seiger	Santa Rosa	9.04m 29-08.00
13 Kelly George	Sequoias	9.01m 29-06.75
14 Yessica Lopez	Shasta	8.97m 29-05.25
15 Julia Patterson	Sacramento	8.91m 29-02.75
16 Chaunice Bodkin	Redwoods	8.66m 28-05.00
17 Tierney Jamison	Yuba	7.45m 24-05.50
18 Caitlin McCoy	Butte	6.64m 21-09.50

**2013 Beaver Relays - 3/1/2013 to 3/2/2013****ARC  
Results****Women Discus Throw Relay**

Name	Year School	Finals	
1 Katlyne Brummett	Shasta	32.82m	107-08
2 Kelly George	Sequoias	32.80m	107-07
3 Priscilla Masten	Shasta	32.71m	107-04
4 Yessica Lopez	Shasta	32.52m	106-08
5 Jennifer Rogers	Butte	32.13m	105-05
6 Julia Patterson	Sacramento	31.81m	104-04
7 Brianna Mayfield	Yuba	31.14m	102-02
8 Stephanie Hahn	Yuba	29.15m	95-08
9 Shelby Crider	American River	28.84m	94-07
10 Xela Van Dyke	Sacramento	28.72m	94-03
11 Breanne Buckles	Yuba	28.13m	92-03
12 Mariah Freichs	Sacramento	27.16m	89-01
13 Cleopatra Henri	Sacramento	26.44m	86-09
14 Malissa Seiger	Santa Rosa	26.22m	86-00
15 Chaunice Bodkin	Redwoods	22.97m	75-04
16 Morgan Mora	Shasta	19.78m	64-11
17 Tierney Jamison	Yuba	17.46m	57-03

**Women Hammer Throw Relay**

Name	Year School	Finals	
1 Brianna Mayfield	Yuba	42.80m	140-05
2 Kelly George	Sequoias	41.89m	137-05
3 Breanne Buckles	Yuba	38.50m	126-04
4 Chrissa Rogers	Sacramento	38.19m	125-03
5 Priscilla Masten	Shasta	38.12m	125-01
6 Cleopatra Henri	Sacramento	37.96m	124-06
7 Tierney Jamison	Yuba	36.78m	120-08
8 Yessica Lopez	Shasta	36.63m	120-02
9 Shelby Crider	American River	36.24m	118-11
10 Stephanie Hahn	Yuba	36.06m	118-04
11 Jennifer Rogers	Butte	34.44m	113-00
12 Malissa Seiger	Santa Rosa	29.29m	96-01
13 Katlyne Brummett	Shasta	25.95m	85-02
14 Chaunice Bodkin	Redwoods	23.37m	76-08
15 Florence Carroll	Diablo Valley	19.64m	64-05
-- Morgan Mora	Shasta	FOUL	

**Women Javelin Throw Relay**

Name	Year School	Finals	
1 Jamika Davis	Siskiyou	37.09m	121-08
2 Shelby Crider	American River	34.49m	113-02
3 Mariah Freichs	Sacramento	29.11m	95-06
4 Lauren Magneson	Butte	26.06m	85-06
5 Maya Kordahi	Butte	25.58m	83-11
6 Chrissa Rogers	Sacramento	22.97m	75-04
7 Tierney Jamison	Yuba	21.95m	72-00
8 Mercedes Smelser	Siskiyou	17.26m	56-07
9 Marlaina Garcia	Sacramento	17.02m	55-10
10 Lauren Duval	Shasta	14.89m	48-10

## 2013 Beaver Relays - 3/1/2013 to 3/2/2013

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## ...Women Javelin Throw Relay

11 Kristina Busby	Siskiyou	14.52m	47-08
-- Florence Carroll	Diablo Valley	FOUL	

## Men 100 Meter Dash

Name	Year School	Finals	Wind	H#
1 Kemarley Brown	Merritt	10.20	1.6	3
2 Preston Foley Jr.	Sequoias	10.67	1.6	3
3 Eli Penick	Butte	10.74	NWI	1
4 Gary Moore	Merritt	10.93	1.6	3
5 Phillip Edwards	Diablo Valley	10.97	1.6	3
6 Carlton Boozer	Siskiyou	10.98	NWI	1
7 Tony Parnell	Merritt	11.01	2.8	2
8 Edwin Mckinney	Siskiyou	11.05	NWI	1
9 Eric Richard	Diablo Valley	11.13	1.6	3
10 Brandon Beck	Santa Rosa	11.14	1.6	3
11 Tom Jacobs	Merritt	11.23	2.8	2
12 Jacob Hannah	Siskiyou	11.27	NWI	1
13 Jason Holland	Diablo Valley	11.29	1.6	3
14 Artis Jones	Redwoods	11.32	NWI	1
15 Darian Dyles	Siskiyou	11.47	2.8	2
16 Dominic Lovero	Sequoias	11.52	2.8	2
17 Alonzo Pinedo	Butte	11.58	NWI	1
18 Kirt Terry	Siskiyou	11.63	NWI	1
19 Aayush Kunwar	Santa Rosa	11.80	2.8	2
20 Jordan White	Siskiyou	11.84	2.8	2
21 Shawn Rawlins	Yuba	11.85	2.8	2
22 Javone Bradford	Yuba	11.87	NWI	1
23 Curtis Neill	Siskiyou	11.91	2.8	2
24 Donald Landrum	Sequoias	11.95	NWI	1
25 Min Chang	Diablo Valley	12.15	1.6	3
26 Alden Nelson	Merritt	12.40	1.6	3
27 Pongwisit Monthonsoophon	Diablo Valley	12.44	2.8	2
28 Philly Cottrell	Siskiyou	13.31	2.8	2

## Men 200 Meter Dash

Name	Year School	Finals	Wind	H#
1 Brandon Beck	Santa Rosa	23.33	-2.1	3
2 Carlton Boozer	Siskiyou	23.55	-2.8	1
3 Davion Masters	Butte	23.56	-2.1	3
4 Artis Jones	Redwoods	24.08	-2.8	1
5 Darian Dyles	Siskiyou	24.11	-1.3	2
6 Jarrade Davis	Yuba	24.17	-1.3	2
7 Alonzo Pinedo	Butte	24.36	-1.3	2
8 Decoven Benton-Bell	American River	24.64	-2.8	1
9 Aayush Kunwar	Santa Rosa	24.71	-2.1	3
10 Kylan French	Diablo Valley	24.83	-2.1	3
11 George Robertson	Butte	24.91	-2.1	3
12 Diarra Ragland	Merritt	25.00	-2.1	3
13 Sean Bacca	Santa Rosa	25.18	-1.3	2
14 Lemar Key	Merritt	25.23	-1.3	2
15 John Levesque	Siskiyou	25.26	-2.8	1

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## ...Men 200 Meter Dash

16 Min Chang	Diablo Valley	25.33	-2.1	3
17 Curtis Neill	Siskiyou	25.36	-1.3	2
18 Jordan White	Siskiyou	25.39	-2.8	1
19 Riccard Cicciarella	Redwoods	25.43	-2.8	1
20 Pongwisit Monthonsophon	Diablo Valley	26.07	-2.1	3
21 LeAndre Miles	Yuba	26.09	-2.8	1
22 James Liggett	Santa Rosa	26.44	-1.3	2
23 Logan Mitchell	Redwoods	26.96	-2.8	1
24 Philly Cottrell	Siskiyou	27.64	-1.3	2

## Men 400 Meter Dash

Name	Year School	Finals	H#
1 Herbie Polk	Santa Rosa	49.48	1
2 Izeyah Falley	Diablo Valley	51.81	2
3 Jarrade Davis	Yuba	52.25	1
4 Sean Bacca	Santa Rosa	52.78	1
5 Malik Gresham	Merritt	53.45	2
6 Luke Wright	Shasta	54.32	1
7 John Levesque	Siskiyou	54.36	1
8 Jared Totemeier	Santa Rosa	55.00	2
9 Diarra Ragland	Merritt	55.06	2
10 Decoven Benton-Bell	American River	55.34	1
11 Riccard Cicciarella	Redwoods	55.64	2
12 Mark Wilson	Santa Rosa	56.84	2
13 Carl Riehs	Redwoods	56.85	1
14 Josh Wilson	Yuba	57.80	2
15 James Liggett	Santa Rosa	57.93	2
16 LeAndre Miles	Yuba	58.20	1
17 George Robertson	Butte	58.78	1
18 Lemar Key	Merritt	1:00.90	2

## Men 800 Meter Run

Name	Year School	Finals	H#
1 Logan Stahl	American River	1:57.34	1
2 Joel Timbrell	Diablo Valley	2:02.01	2
3 Aidan Schraer	American River	2:02.49	1
4 Leo Theus III	Merritt	2:02.96	1
5 Adrian Capinpin	Diablo Valley	2:03.76	2
6 Stefan Becker	Butte	2:04.43	2
7 Cedric Quartey	Sacramento	2:04.45	2
8 Stefvon Ellington	Redwoods	2:05.64	1
9 Dylan Winn	Diablo Valley	2:06.55	2
10 Justin Garcia	Butte	2:06.59	2
11 Bryan Schaake	Butte	2:07.31	2
12 Quincy Guy	Merritt	2:13.66	1
13 Ronnel Loggins	Merritt	2:14.23	1
14 Kevin McTague	Redwoods	2:15.66	1
15 Trevor Reid	Shasta	2:16.17	1
16 Gabriel Best	Redwoods	2:16.60	1
17 Jacob Brown	American River	2:17.09	2

**2013 Beaver Relays - 3/1/2013 to 3/2/2013****ARC  
Results****Men 1500 Meter Run**

Name	Year School	Finals
1 Aidan Schraer	American River	4:13.87
2 Will Reyes	American River	4:17.21
3 Jesus Salas	Sequoias	4:21.50
4 Cory Adams	Sequoias	4:23.32
5 Sean Jagerson	American River	4:25.97
6 Joel Timbrell	Diablo Valley	4:26.38
7 Dylan Winn	Diablo Valley	4:30.78
8 Adrian Capinpin	Diablo Valley	4:33.11
9 Eli Stillman	Butte	4:33.82
10 Joshua Bobadilla	Sequoias	4:34.77
11 Nathaniel Quillin	Santa Rosa	4:39.04
12 Jacob Brown	American River	4:39.50
13 Ezra Zamora	Diablo Valley	4:43.16
14 Alexander Goodman	Diablo Valley	4:47.72
15 Gabriel Best	Redwoods	4:48.45
16 Jose Mendoza	Sequoias	5:00.12
17 Niko Lecoeuche	Santa Rosa	5:06.64
18 Jairo Luis-Nava	Redwoods	5:35.08

**Men 5000 Meter Run**

Name	Year School	Finals
1 Cristian Nazarek	Santa Rosa	16:03.62
2 Scott Lindsay	Diablo Valley	16:07.30
3 Jesse Fenn	Santa Rosa	16:15.39
4 Jason Morris	American River	16:18.09
5 Ricky Parra	American River	16:19.53
6 Steven Tate	Yuba	17:45.73
7 Kevon Lotspeich	Butte	19:34.53

**Men 110 Meter Hurdles Relay**

Name	Year School	Finals	Wind
1 Michael Mathews	American River	15.13	4.0
2 Luke Wright	Shasta	15.37	4.0
3 Kelvin Watson	Sacramento	15.37	4.0
4 Zavier Garcia	Merritt	15.66	4.0
5 Michael Schneider	Diablo Valley	16.05	4.0
6 Colten Ross	Redwoods	16.48	4.0
7 Marlon Dixon	Sequoias	16.80	4.0
-- Roger Blackburn	Diablo Valley	DNF	4.0
-- Branden Hester	Shasta	DNF	4.0

**Men 400 Meter Hurdles Relay**

Name	Year School	Finals	H#
1 Marlon Dixon	Sequoias	56.45	1
2 Michael Mathews	American River	57.10	1
3 Cole Halverson	Shasta	59.91	2
4 Diarra Ragland	Merritt	1:00.00	2

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Results****...Men 400 Meter Hurdles Relay**

5 Colton Tyler	Diablo Valley	1:00.45	2
6 Michael Schneider	Diablo Valley	1:01.41	1
7 Eric Richard	Diablo Valley	1:02.03	2
8 Kelvin Watson	Sacramento	1:02.19	1
9 Mitchell Boyle	Santa Rosa	1:02.31	1
10 Malik Gresham	Merritt	1:02.45	2
11 Bret Cornell	Butte	1:03.48	1
12 Koren Vaughn	American River	1:04.50	2
13 Branden Hester	Shasta	1:07.51	1

**Men 3000 Meter Steeplechase**

Name	Year School	Finals
1 Chris Kigar	American River	9:32.08
2 Austrin Palmer	Auc	10:14.36
3 Nathan Rossi	American River	10:19.57
4 Alexander Goodman	Diablo Valley	11:18.20
5 Ezra Zamora	Diablo Valley	11:29.86

**Men 4x100 Meter Relay**

School	Finals
1 Sequoias 'A'	41.67
2 American River 'A'	42.13
3 Santa Rosa 'A'	42.72
4 Butte 'A'	42.96
5 Siskiyou 'A'	43.13
6 Shasta 'A'	43.81
7 Diablo Valley 'A'	43.96
8 American River 'B'	44.04
9 Redwoods 'A'	44.84

**Men 4x110 Yard Relay**

School	Finals
1 Shasta 'A'	54.19
2 Diablo Valley 'A'	55.22

**Men 4x200 Meter Relay**

School	Finals
1 Sequoias 'A'	1:26.42
2 Merritt 'A'	1:28.62
3 Diablo Valley 'A'	1:32.47
4 Siskiyou 'A'	1:32.49
5 American River 'A'	1:32.82
6 Merritt 'B'	1:41.60

**2013 Beaver Relays - 3/1/2013 to 3/2/2013****ARC  
Results****Men 4x400 Meter Relay**

School	Finals
1 American River 'A'	3:21.72
2 Santa Rosa 'A'	3:25.20
3 Shasta 'A'	3:36.23
4 Santa Rosa 'B'	3:44.04
5 American River 'B'	3:45.01
6 Redwoods 'A'	3:45.60
-- Diablo Valley 'A'	DNF

**Men 4x800 Meter Relay**

School	Finals
1 Sequoias 'A'	8:41.06
2 Santa Rosa 'A'	9:04.21
3 Shasta 'A'	9:19.31

**Men 1600 Sprint Medley**

School	Finals
1 Sequoias 'A'	3:34.69
2 American River 'A'	3:36.90
3 Shasta 'A'	3:59.09

**Men Distance Medley**

School	Finals
1 American River 'A'	10:44.15
2 Sequoias 'A'	11:03.26
3 Santa Rosa 'A'	11:06.83
4 Diablo Valley 'A'	11:14.49
5 Butte 'A'	11:28.16
6 Shasta 'A'	11:53.33

**Men High Jump Relay**

Name	Year	School	Finals
1 Jeff Lam		American River	1.87m 6-01.50
2 Jonathan Moore		Sequoias	J1.87m 6-01.50
3 Cole Halverson		Shasta	1.82m 5-11.50
3 Davis Kepon		Shasta	1.82m 5-11.50
5 Davion Masters		Butte	J1.82m 5-11.50
6 Xavier Howell		American River	1.77m 5-09.75
6 Brycen Poarch		Santa Rosa	1.77m 5-09.75
6 Edwin Matthews		American River	1.77m 5-09.75
9 Jon Biglow		Siskiyou	1.72m 5-07.75
-- Roger Blackburn		Diablo Valley	FAIL
-- Michael Schneider		Diablo Valley	FAIL

## 2013 Beaver Relays - 3/1/2013 to 3/2/2013

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## Men Pole Vault Relay

Name	Year School	Finals
1 Teddy Flanagan	American River	4.52m 14-10.00
2 Keaton Anderson	American River	4.07m 13-04.25
3 Kylan French	Diablo Valley	J4.07m 13-04.25
4 Jacob Logan	Shasta	J4.07m 13-04.25
5 Adam Armstrong	Santa Rosa	J4.07m 13-04.25
6 Colten Ross	Redwoods	J4.07m 13-04.25
7 Daniel Dwyer	Santa Rosa	3.47m 11-04.50
8 Javier Colin	Merritt	3.32m 10-10.75
-- Roger Blackburn	Diablo Valley	NH
-- Jeff Lam	American River	FAIL
-- Ian Bamsey	American River	FAIL

## Men Long Jump Relay

Name	Year School	Finals	Wind
1 Bracin Skywalker	Auc	7.20m	NWI 23-07.50
2 Javone Bradford	Yuba	6.50m	NWI 21-04.00
3 Dontae Garcia	Santa Rosa	6.49m	NWI 21-03.50
4 Jonathan Moore	Sequoias	6.45m	NWI 21-02.00
4 Jacob Hannah	Siskiyou	6.45m	NWI 21-02.00
6 Brycen Poarch	Santa Rosa	6.36m	NWI 20-10.50
7 Eric Richard	Diablo Valley	6.31m	NWI 20-08.50
8 Kirt Terry	Siskiyou	6.28m	NWI 20-07.25
9 Luke Wright	Shasta	6.27m	NWI 20-07.00
10 Shawn Rawlins	Yuba	6.21m	NWI 20-04.50
11 Xavier Howell	American River	6.20m	NWI 20-04.25
12 Tom Jacobs	Merritt	6.14m	NWI 20-01.75
12 Ja'Briane Ross	American River	6.14m	NWI 20-01.75
14 Preston Foley Jr.	Sequoias	6.12m	NWI 20-01.00
15 Justin York	Butte	6.06m	NWI 19-10.75
16 Bryan Lester	American River	6.02m	NWI 19-09.00
16 Devante Munoz	Sacramento	6.02m	NWI 19-09.00
18 Edwin Matthews	American River	5.96m	NWI 19-06.75
19 Ruslan Marynovich	Sacramento	5.88m	NWI 19-03.50
20 Kahlil Williams	Sacramento	5.87m	NWI 19-03.25
21 Dequante Humphrey	Butte	5.86m	NWI 19-02.75
22 Dane Bachman	Siskiyou	5.64m	NWI 18-06.00
22 Devonte Abernathy	Yuba	5.64m	NWI 18-06.00
24 Jason Holland	Diablo Valley	5.58m	NWI 18-03.75
25 Chris Haith	Sacramento	5.39m	NWI 17-08.25
26 Logan Mitchell	Redwoods	5.36m	NWI 17-07.00
27 Javier Colin	Merritt	5.01m	NWI 16-05.25
28 Michael Robinson	Sacramento	4.99m	NWI 16-04.50
-- Phillip Edwards	Diablo Valley	FOUL	
-- Thomas Mehler	American River	FOUL	
-- Roger Blackburn	Diablo Valley	FOUL	

## Men Triple Jump Relay

Name	Year School	Finals	Wind
1 Javone Bradford	Yuba	13.28m	NWI 43-07.00

**2013 Beaver Relays - 3/1/2013 to 3/2/2013****ARC  
Results****...Men Triple Jump Relay**

2	Dontae Garcia	Santa Rosa	12.70m	NWI	41-08.00
3	Brycen Poarch	Santa Rosa	12.51m	NWI	41-00.50
4	Steven Gissentanner	Merritt	12.50m	NWI	41-00.25
5	Bryan Lester	American River	12.47m	NWI	40-11.00
6	Shawn Rawlins	Yuba	12.20m	NWI	40-00.50
7	Eric Richard	Diablo Valley	11.99m	NWI	39-04.00
8	Chris Haith	Sacramento	11.57m	NWI	37-11.50
9	Devonte Abernathy	Yuba	11.29m	NWI	37-00.50

**Men Shot Put Relay**

Name	Year School	Finals	
1 Ryan Donnahoe	Yuba	16.27m	53-04.50
2 Nigel Frazier	Sacramento	14.73m	48-04.00
3 Erik Scribner	Shasta	13.73m	45-00.50
4 Jacob Barker	Shasta	13.50m	44-03.50
5 Henry Sharoyan	Sacramento	13.10m	42-11.75
6 Nick DeSoto	Santa Rosa	12.83m	42-01.25
7 Jaime Cruz	Sacramento	12.73m	41-09.25
8 Jonathan Cook	Shasta	12.71m	41-08.50
9 Michael Haddorff	Butte	12.61m	41-04.50
10 Bryan Virgin	Diablo Valley	12.50m	41-00.25
11 Chris VanLiew	Yuba	12.38m	40-07.50
12 Daniel Lehner	American River	11.91m	39-01.00
13 Dakarea Pierson	Diablo Valley	11.85m	38-10.50
14 Ryan Belton	Yuba	11.78m	38-07.75
15 Javier Colin	Merritt	11.59m	38-00.25
16 Tyler Rosentreter	Santa Rosa	11.57m	37-11.50
17 Alan Nix	Siskiyou	11.53m	37-10.00
18 Justin Vela	Sequoias	11.26m	36-11.50
19 Danny Walker	Yuba	11.19m	36-08.50
20 Jake Vela	Sequoias	10.47m	34-04.25
21 Nick Severin	Shasta	10.46m	34-04.00
22 Travis Sturgill	Sequoias	10.43m	34-02.75
23 Austin Rose	Diablo Valley	10.41m	34-02.00
24 Cole Olson	Santa Rosa	10.25m	33-07.50
25 Javier Holguin	Sequoias	10.08m	33-01.00
26 Tanner Hill	Diablo Valley	10.01m	32-10.25
27 Roger Blackburn	Diablo Valley	9.95m	32-07.75
28 Christopher Benin	Diablo Valley	9.15m	30-00.25

**Men Discus Throw Relay**

Name	Year School	Finals	
1 Erik Scribner	Shasta	47.99m	157-05
2 Michael Haddorff	Butte	43.86m	143-11
3 James Hubbard	American River	42.00m	137-09
4 Garrett Siscal	Sacramento	40.71m	133-07
5 Daniel Lehner	American River	39.84m	130-08
6 Nick DeSoto	Santa Rosa	39.69m	130-02
7 Chris VanLiew	Yuba	37.83m	124-01
8 Nick Diaz	Santa Rosa	37.78m	123-11
9 Darren Brundage	Sacramento	37.62m	123-05

## 2013 Beaver Relays - 3/1/2013 to 3/2/2013

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## ...Men Discus Throw Relay

10	Noah McMahon	Sacramento	37.22m	122-01
11	Bryan Virgin	Diablo Valley	37.05m	121-07
12	Austin Rose	Diablo Valley	36.75m	120-07
13	Jacob Barker	Shasta	36.48m	119-08
13	Ryan Donnahoe	Yuba	36.48m	119-08
15	Nigel Frazier	Sacramento	36.18m	118-08
16	Henry Sharoyan	Sacramento	35.80m	117-05
17	Travis Sturgill	Sequoias	35.67m	117-00
18	Nathan Swisley	American River	33.91m	111-03
19	Jonathan Cook	Shasta	33.85m	111-01
20	Roger Blackburn	Diablo Valley	32.84m	107-09
21	Cole Olson	Santa Rosa	32.72m	107-04
22	Alan Nix	Siskiyou	32.52m	106-08
23	Dakarea Pierson	Diablo Valley	31.64m	103-10
24	Justin Vela	Sequoias	31.11m	102-01
25	Javier Colin	Merritt	30.55m	100-03
26	Danny Walker	Yuba	30.39m	99-08
27	Nick Severin	Shasta	29.27m	96-00
28	Ryan Belton	Yuba	28.30m	92-10
29	Christopher Benin	Diablo Valley	24.15m	79-03
30	Javier Holguin	Sequoias	23.99m	78-08
--	Jake Vela	Sequoias	FOUL	

## Men Hammer Throw Relay

Name	Year	School	Finals	
1	James Hubbard	American River	56.44m	185-02
2	Erik Scribner	Shasta	44.32m	145-05
3	Nathan Swisley	American River	43.21m	141-09
4	Max Metzger	Santa Rosa	41.70m	136-10
5	Garrett Siscal	Sacramento	40.79m	133-10
6	Andrew Bell	Sacramento	40.57m	133-01
7	Jacob Barker	Shasta	40.19m	131-10
8	Justin Vela	Sequoias	39.66m	130-01
9	Jeffrey Spilker	Diablo Valley	38.73m	127-01
10	Nick DeSoto	Santa Rosa	38.11m	125-00
11	Michael Haddorff	Butte	37.72m	123-09
12	Travis Sturgill	Sequoias	37.69m	123-08
13	Nigel Frazier	Sacramento	37.59m	123-04
14	Noah McMahon	Sacramento	36.75m	120-07
15	Jaime Cruz	Sacramento	35.27m	115-08
16	Jonathan Cook	Shasta	34.96m	114-08
17	Bryan Virgin	Diablo Valley	34.78m	114-01
18	Nick Severin	Shasta	34.31m	112-07
19	Nick Diaz	Santa Rosa	33.60m	110-03
20	Ryan Donnahoe	Yuba	32.51m	106-08
20	Darren Brundage	Sacramento	32.51m	106-08
22	Ryan Belton	Yuba	31.96m	104-10
22	Chris VanLiew	Yuba	31.96m	104-10
24	Javier Holguin	Sequoias	31.49m	103-04
25	Tanner Hill	Diablo Valley	30.43m	99-10
26	Cole Olson	Santa Rosa	29.58m	97-00
27	Jake Vela	Sequoias	26.67m	87-06
28	Austin Rose	Diablo Valley	23.61m	77-05

## 2013 Beaver Relays - 3/1/2013 to 3/2/2013

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## ...Men Hammer Throw Relay

29 Christopher Benin	Diablo Valley	23.07m	75-08
-- Danny Walker	Yuba	FOUL	

## Men Javelin Throw Relay

Name	Year School	Finals	
1 Alex Henderson	Siskiyou	58.03m	190-05
2 Shaq Blair	Siskiyou	54.06m	177-04
3 James Nizich	Siskiyou	51.49m	168-11
4 Luke Wright	Shasta	50.46m	165-07
5 Derrick Doss	Siskiyou	50.38m	165-03
6 Max Bryson	Butte	49.18m	161-04
7 Jacob Logan	Shasta	45.13m	148-01
8 DaJon Edwards	Sacramento	43.60m	143-00
9 Phillip Edwards	Diablo Valley	39.82m	130-08
10 Nick Diaz	Santa Rosa	39.04m	128-01
11 Phil Norman	Santa Rosa	38.26m	125-06
12 Bryan Virgin	Diablo Valley	33.80m	110-11
13 Mikal Quitoriano	Santa Rosa	33.31m	109-03
14 Branden Hester	Shasta	31.76m	104-02
15 Roger Blackburn	Diablo Valley	29.55m	96-11
16 Austin Rose	Diablo Valley	26.63m	87-04
-- Christopher Benin	Diablo Valley	FOUL	

## Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year School	Finals	Wind	Points
1 Jeff Lam	American River	11.41	NWI	771
2 Ian Bamsey	American River	11.66	NWI	719

## Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year School	Finals	Points
1 Jeff Lam	American River	56.06	557
2 Ian Bamsey	American River	57.91	487

## Decathlon: #10 Men 1500 Meter Dash Decathlon

Name	Year School	Finals	Points
1 Jeff Lam	American River	5:04.56	534
2 Ian Bamsey	American River	6:15.53	204

## Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year School	Finals	Wind	Points
1 Jeff Lam	American River	18.28	NWI	498
2 Ian Bamsey	American River	19.36	NWI	401

## 2013 Beaver Relays - 3/1/2013 to 3/2/2013

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## Decathlon: #4 Men High Jump Decathlon

Name	Year School	Finals	Points
1 Jeff Lam	American River	1.75m 5-08.75	585
1 Ian Bamsey	American River	1.75m 5-08.75	585

## Decathlon: #8 Men Pole Vault Decathlon

Name	Year School	Finals	Points
1 Ian Bamsey	American River	3.35m 10-11.75	444
2 Jeff Lam	American River	3.05m 10-00.00	369

## Decathlon: #2 Men Long Jump Decathlon

Name	Year School	Finals	Wind	Points
1 Jeff Lam	American River	5.69m	NWI 18-08.00	521
2 Ian Bamsey	American River	5.04m	NWI 16-06.50	390

## Decathlon: #3 Men Shot Put Decathlon

Name	Year School	Finals	Points
1 Ian Bamsey	American River	11.77m 38-07.50	592
2 Jeff Lam	American River	9.24m 30-03.75	440

## Decathlon: #7 Men Discus Throw Decathlon

Name	Year School	Finals	Points
1 Ian Bamsey	American River	28.48m 93-05	435
2 Jeff Lam	American River	23.75m 77-11	343

## Decathlon: #9 Men Javelin Throw Decathlon

Name	Year School	Finals	Points
1 Ian Bamsey	American River	44.61m 146-04	509
2 Jeff Lam	American River	37.54m 123-02	407

## Men Decathlon

Name	Year School	Finals
1 Jeff Lam	American River	5025
2 Ian Bamsey	American River	4766